

# dōTERRA Motivate™ Touch

Encouraging Blend 10 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



CPTG™

**Ingredients:** Cocos Nucifera (Coconut) Oil, Mentha Piperita (Peppermint) Oil, Citrus Aurantium Dulcis (Orange) Peel Oil, Citrus Clementina Peel Oil, Citrus Limon (Lemon) Peel Oil, Rosmarinus Officinalis (Rosemary) Leaf/Stem Oil, Coriandrum Sativum (Coriander) Seed Oil, Ocimum Basilicum (Basil) Oil, Mentha Spicata Leaf/Stem Oil, Cymbopogon Flexuosus Oil, Dipteryx Odorata Seed Extract, Elettaria Cardamomum Seed Oil, Melissa Officinalis Flower/Leaf/Stem Oil, Vanilla Planifolia Fruit Extract, Limonene\*, Linalool\*, Citral\*, Coumarin\*, Eugenol\*.

## PRIMARY BENEFITS

- Promotes feelings of confidence, courage, and belief.
- dōTERRA Motivate essential oil blend is formulated with oils that inspire the senses.
- Combines citrus and mint essential oils.

## PRODUCT DESCRIPTION

We all need a little extra encouragement now and then, and dōTERRA Motivate™ Touch provides exactly that! Fresh, clean, and minty, this blend will promote feelings of confidence, optimism, and determination. dōTERRA Motivate Touch will help you unleash your creative powers and find the courage that comes from believing in yourself again. Go ahead and raise the bar – you can do it!

## USES

- Use dōTERRA Motivate when working on a project to stay motivated.
- Use topically before a sporting event or other competitions.
- Apply in the morning to jump-start your day.
- Apply to neck or shirt collar to instill feelings of confidence before a presentation.

## DIRECTIONS FOR USE

For topical use only. Roll on to skin for perfuming and skin care or massage.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying.

## ADDITIONAL INFORMATION

Batch number can be found on product.  
Period after opening is 12 months.  
Expiration date can be found on product.



\*Naturally occurring oil compounds