

dōTERRA Motivate™ Touch

Encouraging Blend 10 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



PRODUCT DESCRIPTION

We all need a little extra encouragement now and then, and dōTERRA Motivate Touch provides exactly that! Fresh, clean, and minty, this blend will promote feelings of confidence, optimism, and determination. dōTERRA Motivate Touch will help you unleash your creative powers and find the courage that comes from believing in yourself again. Go ahead and raise the bar – you can do it!

USES

- Use dōTERRA Motivate when working on a project to stay motivated
- Use topically before a sporting event or other competitions
- Apply in the morning to jump-start your day
- Apply to neck or shirt collar to instil feelings of confidence before a presentation

DIRECTIONS FOR USE

For massage, mix 5 drops with - 10 ml carrier oil. For bath, mix 5 drops with - 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying.

Ingredients: Cocos Nucifera (Coconut) Oil, Mentha Piperita (Peppermint) Oil, Citrus Clementina Peel Oil, Coriandrum Sativum (Coriander) Seed Oil, Ocimum Basilicum (Basil) Oil, Citrus Junos Peel Oil, Melissa Officinalis Leaf Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Vanilla Planifolia Fruit Extract, Limonene*, Linalool*, Eugenol*, Geraniol*

PRIMARY BENEFITS

- Promotes feelings of confidence, courage, and belief
- dōTERRA Motivate essential oil blend is formulated with oils that inspire the senses
- Combines citrus and mint essential oils



*Naturally occurring oil compounds