

dōTERRA Motivate™

Encouraging Blend 5 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



Ingredients: Mentha Piperita (Peppermint) Oil, Citrus Aurantium Dulcis (Orange) Peel Oil, Citrus Clementina Peel Oil, Rosmarinus Officinalis (Rosemary) Leaf/Stem Oil, Coriandrum Sativum (Coriander) Seed Oil, Ocimum Basilicum (Basil) Oil, Menta Spicata Leaf/Stem Oil, Cymbopogon Flexuosus Oil, Dipteryx Odorata Seed Extract, Melissa Officinalis Flower/Leaf/Stem Oil, Vanilla Planifolia Fruit Extract, Limonene*, Linalool*, Citral*, Geraniol*, Eugenol*, Estragole*.

PRIMARY BENEFITS

- When applied topically it may promote feelings of confidence, courage and belief.
- dōTERRA Motivate essential oil blend is formulated with oils that inspire the senses.
- Combines citrus and mint essential oils.

PRODUCT DESCRIPTION

We all need a little extra encouragement now and then, and dōTERRA Motivate™ provides exactly that! Fresh, clean and minty, this blend will promote feelings of confidence, optimism and determination. dōTERRA Motivate will help you unleash your creative powers and find the courage that comes from believing in yourself again. Go ahead and raise the bar – you can do it!

USES

- Use dōTERRA Motivate when working on a project to stay motivated.
- Use topically before a sporting event or other competitions.
- Apply in the morning to jump-start your day.
- Apply to neck or shirt collar to instill feelings of confidence before a presentation.

DIRECTIONS FOR USE

For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying.



*Naturally occurring oil compounds