

dōTERRA Forgive™

Renewing Blend 5 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



Ingredients: Picea Mariana Branch/Leaf Oil, Citrus Aurantium Bergamia (Bergamot) Peel Oil, Juniperus Communis Fruit Oil, Citrus Limon (Lemon) Peel Oil, Commiphora Myrrha Oil, Thuja Plicata Wood Oil, Cupressus Nootkatensis Wood Oil, Thymus Vulgaris (Thyme) Oil, Cymbopogon Winterianus Leaf Oil, Limonene*, Linalool*, Citronellol*

PRIMARY BENEFITS

- Promotes grounding emotions in your everyday life
- dōTERRA Forgive essential oil blend uses a combination of tree and herb essential oils, which help balance emotions

PRODUCT DESCRIPTION

The fresh, woody aroma of dōTERRA Forgive Renewing Blend helps to liberate feelings of contentment, relief, and patience. When embarking on the path to forgiveness, dōTERRA Forgive Renewing Blend is an encouraging companion that will help you remember to let go and keep moving forward.

USES

- Apply to neck and wrists for feelings of patience
- Apply to pulse points and heart throughout the day to promote feelings of groundedness and content
- Place on bottoms of feet in the morning to promote feelings of patience
- Add to Fractionated Coconut Oil and use in a soothing massage to promote feelings of serenity

DIRECTIONS FOR USE

For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying.



*Naturally occurring oil compounds