

# Forest Breeze

Nature Blend 15 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



**Ingredients:** Abies Sibirica Oil, Cupressus Sempervirens Branch/Leaf Oil, Juniperus Communis Fruit Oil, Picea Mariana Branch/Leaf Oil, Citrus Aurantium Dulcis (Orange) Peel Oil, Boswellia Serrata Oil, Pimenta Ocinalis (Pimento) Leaf Oil, Pimenta Ocinalis (Pimento) Fruit Oil, Cistus Ladaniferus Oil, Carum Carvi (Caraway) Seed Oil, Cistus Ladaniferus Leaf/Stem Extract, Limonene\*, Eugenol\*, Linalool\*.

## PRIMARY BENEFITS

- Made exclusively for dōTERRA Europe.
- May help promote calm and relaxing feelings.
- May create a soothing effect.
- Has an uplifting, woody aroma.

## PRODUCT DESCRIPTION

Inspired by the many forests found throughout Europe, Forest Breeze has an uplifting, woody aroma. Made exclusively for dōTERRA Europe, this blend features the CPTG™ essential oils of Siberian Fir, Cypress, Juniper Berry, Black Spruce, Wild Orange, Frankincense and Caraway. This perfect blend also may help to promote calm and relaxing feelings.

## USES

- Dilute it with Fractionated Coconut Oil and apply as part of a soothing massage experience.
- Use Forest Breeze as an earthy cologne or perfume.
- Apply to wrists and neck just after showering to lock in the scent.

## DIRECTIONS FOR USE

For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears and sensitive areas. In case of skin contact, dilute generously with a carrier oil. In case of skin contact, avoid sunlight and UV rays for at least 12 hours after applying.

## ADDITIONAL INFORMATION

Batch number can be found on product.  
Period after opening is 12 months.  
Expiration date can be found on product.



\*Naturally occurring oil compounds.