

dōTERRA Fibre

Instant powder mix for high fibre flavoured drink with sweetener 315 g | 30 servings

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



Ingredients: Apple fibre, Soluble fibre from tapioca starch, Flaxseed powder (*Linum usitatissimum*), Oligofructose, Psyllium seeds husk (*Plantago ovata*), Baobab powder (*Adansonia digitata*), Inulin, Acidity regulator (Citric acid), Vitamin C (Ascorbic acid), Jerusalem artichoke powder, Lemon oil, Sweetener (Steviol glycosides), Natural flavour

PRIMARY BENEFITS

- One serving = 6.5 grams of soluble and insoluble fibre with Lemon essential oil and natural Vitamin C.
- Developed to proactively promote regular movements and assist whole body systems.
- Features a prebiotic blend providing beneficial food for live bacterial cultures to thrive.
- A high-fibre macronutrient supplement source for adults.
- Deliciously filling, fibre aids fullness with a fresh, citrus taste.
- No added sugars | Gluten-free.
- Includes a plastic spoon for accurate measurement of fibre scoops.
- 315 g | 30 servings

PRODUCT DESCRIPTION

dōTERRA Fibre is a superior selection of Apple, Tapioca, Flaxseed and Psyllium Seed Husk dietary fibres, complete with Vitamin C and a prebiotic blend. Lemon essential oil binds the formula for a citrus kick and added benefits, resulting in a nutritionally-rich powder profile. Baobab, oligofructose and inulin from Jerusalem artichoke form prebiotic food for live bacterial cultures in the gut, assisting the absorption of prime nutrients. Promote regular digestion and appetite satiation with the right kind of fuel, all with dōTERRA Fibre, made to help you feel fuller, for longer!

DIRECTIONS FOR USE

Add 1 level plastic spoon (10,5 g of powder) to a large glass or shaker (300 ml) of cold water and dilute. Consume within 10 minutes.

CAUTIONS

Keep out of reach of children. Do not exceed recommended daily dose. Pregnant or nursing women and people with known medical conditions should consult a physician before using.