

dōTERRA Cheer™

Uplifting Blend 5 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



CPTG™

Ingredients: Citrus Aurantium Dulcis (Orange) Peel Oil, Eugenia Caryophyllus (Clove) Bud Oil, Illicium Verum (Anise) Fruit/Seed Oil, Backhousia Citriodora Leaf Oil, Myristica Fragrans (Nutmeg) Kernel Oil, Vanilla Planifolia Fruit Extract, Zingiber Officinale (Ginger) Root Oil, Cinnamomum Zeylanicum Bark Oil, Geranium Macrorrhizum Flower/Leaf/Stem Oil, Benzyl Benzoate*, Cinnamal*, Cinnamyl Alcohol*, Citral*, Citronellol*, Eugenol*, Farnesol*, Geraniol*, Isoeugenol*, Limonene*, Linalool*

PRIMARY BENEFITS

- When applied topically, Cheer may promote feelings of optimism that will invigorate your mood
- Provides a cheerful boost of happiness and positivity during massage
- Cheer is made up of citrus and spice essential oils, which contribute to its warm, inviting nature

PRODUCT DESCRIPTION

Like a ray of sunshine, the Cheer Uplifting Blend can provide a positivity boost. When happiness and optimism are in short supply, Cheer is waiting to brighten and invigorate your mood. The sunny, fresh aroma of citrus and spice essential oils will brighten any moment of your day.

USES

- Use Cheer as your go-to Aromatouch Hand Technique essential oil
- Apply in the morning to promote feelings of optimism and cheerfulness

DIRECTIONS FOR USE

For massage, mix 5 drops with ≈ 10 ml carrier oil. For bath, mix 5 drops with ≈ 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears, and sensitive areas. Avoid UV rays for 12 hours after applying.

*Naturally occurring oil compounds

