



**Ingredients:** Cocos Nucifera (Coconut) Oil, Lavandula Angustifolia (Lavender) Flower/Leaf/Stem Oil, Cananga Odorata Flower Oil, Eremophila Mitchellii Wood Oil, Anthemis Nobilis Flower/Leaf/Stem Oil, Linalool,\* Benzyl Benzoate\*

## PRIMARY BENEFITS

- Provides soothing and relaxing feelings throughout the body and promotes a serene atmosphere
- Helps to unwind before going to sleep and create a restful atmosphere and promote a positive mood
- Includes soothing essential oils, such as Lavender, Cananga, Buddha Wood, and Roman Chamomile, in a base of Fractionated Coconut Oil

## PRODUCT DESCRIPTION

Part of the dōTERRA Kids Collection Kit, Calmer Restful Blend promotes a serene atmosphere, helping bedtime to be a peaceful and welcomed experience. Combining the soothing properties of Lavender, Cananga, Buddha Wood, and Roman Chamomile essential oils in a convenient and safe delivery method along with the skin moisturising benefits of Fractionated Coconut Oil, Calmer can be used as part of your nightly ritual. When it's time to refresh apply, breath, and relax.

## USES

- Roll on to promote feelings of calm and a peaceful mood
- Apply Calmer to encourage tranquillity throughout the day
- Apply to your child's wrists at the end of the day to soothe and relax
- Apply to your child when it's time to wind down to help create a positive bedtime ritual
- Keep a bottle of Calmer in your bag for easy and convenient use whenever you need to balance your emotions

## DIRECTIONS FOR USE

For topical use only. Roll on to skin for perfuming and skin care or massage. Intended for use with adult supervision.

## CAUTIONS

Keep out of reach of children under 3. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.



\*Naturally occurring oil compounds