

dōTERRA Adaptiv™ Touch

Calming Blend 10 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



Ingredients: Citrus Aurantium Dulcis (Orange) Peel Oil, Lavandula Angustifolia (Lavender) Oil, Copaifera Coriacea/Langsdorffii/Officinalis/Reticulata Resin Oil, Mentha Spicata Flower/Leaf/Stem Oil, Michelia Alba Flower Oil, Rosmarinus Officinalis (Rosemary) Leaf/Stem Oil, Citrus Aurantium Amara (Bitter Orange) Flower Oil, Liquidambar Acalycina/Formosana Resin Oil, Limonene*, Linalool*

PRIMARY BENEFITS

- Helps boost mood when applied on the skin
- Soothes the skin
- Calming and relaxing aroma

PRODUCT DESCRIPTION

When you feel the need for a calming boost, Adaptiv Touch is your solution. Keep Adaptiv Touch on hand to help comfort you in new surroundings or situations. CPTG essential oils combine with Fractionated Coconut Oil to make this calming and uplifting blend. Lavender provides calming effects while Wild Orange uplifts. Whether you're feeling fatigued or restless, indecisive or irritable, Adaptiv Touch is a tool that can help the body and mind stay balanced. Use Adaptiv Touch in combination with Adaptiv for synergistic results.

USES

- Keep this convenient roll-on in your purse or a child's backpack for use on-the-go!
- Use as part of a soothing massage
- Rub on the bottom of your feet in the morning to promote a centred and calm mindset
- Apply to hands or wrists and rub together; repeat as needed throughout the day

DIRECTIONS FOR USE

For topical use only. Roll on to skin for perfuming and skin care or massage.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying.



*Naturally occurring oil compounds