

dōTERRA Adaptiv™

Calming Blend 15 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



Ingredients: Citrus Aurantium Dulcis (Orange) Peel Oil, Lavandula Angustifolia (Lavender) Oil, Copaifera Coriacea/Langsdorffii/Officinalis/Reticulata Resin Oil, Mentha Spicata Flower/Leaf/Stem Oil, Michelia Alba Flower Oil, Rosmarinus Officinalis (Rosemary) Leaf/Stem Oil, Citrus Aurantium Amara (Bitter Orange) Flower Oil, Liquidambar Acalycina/Formosana Resin Oil, Limonene*, Linalool*

PRIMARY BENEFITS

- Helps boost mood when applied on the skin
- Soothes the skin
- Calming and relaxing aroma

PRODUCT DESCRIPTION

When you feel the need for a calming boost, Adaptiv is your solution. Adaptiv is a proprietary blend that combines Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli, and Sweetgum essential oils. Lavender provides calming effects while Wild Orange uplifts. Keep Adaptiv on hand to help comfort you in new surroundings or situations. Use Adaptiv in combination with the Adaptiv Touch for synergistic results.

USES

- Soak in a relaxing Epsom Salt bath by adding three to four drops of diluted Adaptiv to bathwater
- Mix three drops with Fractionated Coconut Oil for a soothing massage

DIRECTIONS FOR USE

For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1–10 drops carrier oil.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying.



*Naturally occurring oil compounds