

# Deep Blue™ Rub

Soothing Muscle Rub

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



**Ingredients:** Water (Aqua), Gaultheria Procumbens (Wintergreen) Leaf Oil, Cinnamomum Camphora (Camphor) Oil, Menthol, Cetearyl Alcohol, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Stearic Acid, Glyceryl Stearate, PEG-100 Stearate, Mentha Piperita (Peppermint) Oil, Eucalyptus Globulus Leaf Oil, Caprylic/Capric Triglyceride, Butylene Glycol, Ceteareth-20, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl Taurate Copolymer, Squalane, Phenoxyethanol, Dimethicone, Caprylyl Glycol, Cananga Odorata Flower Oil, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Xanthan Gum, Capsicum Frutescens Fruit Extract, Ethylhexylglycerin, Hexylene Glycol, Polysorbate 60, Maltodextrin, Tanacetum Annum Flower/Leaf/Stem Oil, Sorbitan Isostearate, Sodium PCA, Tetrasodium Glutamate Diacetate, Osmanthus Fragrans Flower Extract, Chamomilla Recutita (Matricaria) Oil, Allantoin, Helichrysum Italicum Flower/Leaf/Stem Oil, Gardenia Florida Fruit Extract, Aloe Barbadensis Leaf Juice Powder, Retinyl Palmitate, Sodium Hydroxide, Chlorella Vulgaris Extract, Limonene, Linalool

## PRODUCT DESCRIPTION

Deep Blue Rub is a topical cream formulated with the dōTERRA Deep Blue essential oil blend and natural plant extracts that provide comfort to problem areas. Deep Blue Rub brings together essential oils known to comfort and cool joints and muscles. Wintergreen, Camphor, Peppermint, Ylang Ylang, Helichrysum, Blue Tansy, Blue Chamomile, and Osmanthus work together to provide a sensation of cooling and warmth, especially after an intense workout. These essential oils provide soothing benefits and comfort to the back, legs, and feet.

## USES

- Rub on fingers, wrists, shoulders, and neck after a long workday
- Apply to feet and knees before and after exercise for an invigorating and cooling effect
- Whether you work out a few times a week or practically live at the gym, keep Deep Blue Rub in your gym bag for targeted support at a moment's notice
- Massage onto lower back after a long day

## DIRECTIONS FOR USE

Massage lotion into affected areas. For external use only.

## CAUTIONS

Possible skin sensitivity. Avoid contact with eyes. Do not use on wounds or damaged skin. Keep out of reach of children.

## PRIMARY BENEFITS

- Formulated with the Deep Blue proprietary blend of essential oils and other powerful ingredients
- Blended in a base of moisturising emollients that leave your skin feeling soft without any greasy residue
- Designed to help soothe, relax and naturally comfort problem areas
- Deep Blue Rub helps lessen tension and provides targeted, soothing comfort

