

# Deep Blue™

Soothing Blend 5 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



**Ingredients:** Gaultheria Procumbens (Wintergreen) Leaf Oil, Cinnamomum Camphora (Camphor) Bark Oil, Mentha Piperita (Peppermint) Oil, Cananga Odorata Flower Oil, Helichrysum Italicum Flower Oil, Tanacetum Annuum Flower Oil, Chamomilla Recutita (Matricaria) Flower Oil, Osmanthus Fragrans Flower Extract, Benzyl Benzoate\*, Benzyl Salicylate\*, Eugenol\*, Farnesol\*, Geraniol\*, Limonene\*, Linalool\*

## PRIMARY BENEFITS

- This soothing combination of CPTG Certified Pure Tested Grade essential oils helps to lessen tension.
- Deep Blue provides a soothing effect that relieves joints and cools muscles.
- Creates a cooling sensation when applied to the skin to provide targeted comfort.
- Apply as part of a soothing massage after a long day for soothing benefits.

\*Naturally occurring oil compounds

## PRODUCT DESCRIPTION

Deep Blue Soothing Blend brings together eight essential oils known to comfort and cool joints and muscles. In particular, Wintergreen and Peppermint work together to soothe, especially after an intense workout. These essential oils provide soothing benefits and comfort to the back, legs, and feet.

## USES

- Use Deep Blue oil in a massage to benefit from its soothing and cooling properties.
- Dilute Deep Blue with Fractionated Coconut Oil and massage into kid's legs.
- Apply to feet and knees before and after exercise for an invigorating and cooling effect.
- After long hours on the computer, rub Deep Blue essential oil blend on your fingers, wrists, shoulders and neck.
- After completing a long run, dilute a few drops of Deep Blue Soothing Blend in Fractionated Coconut Oil and massage into desired areas.
- Massage onto lower back after a long day.

## DIRECTIONS FOR USE

**Topical:** For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid contact with eyes, inner ears, and sensitive areas.

