

# Citrus Twist

Refreshing Blend 15 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



**Ingredients:** Citrus Aurantium Dulcis (Orange) Peel Oil, Cymbopogon Flexuosus Oil, Zingiber Officinale (Ginger) Root Oil, Litsea Cubeba Fruit Oil, Zingiber Officinale (Ginger) Root Extract, Citral\*, Limonene\*, Geraniol\*, Isoeugenol\*, Linalool\*.

## PRIMARY BENEFITS

- A beautiful combination of Wild Orange, Lemongrass, Ginger and Litsea essential oils.
- May have a calming and relaxing effect due to the inclusion of Wild Orange essential oil.
- Ginger essential oil may have soothing benefits, helping you to feel your best.
- May have uplifting benefits when applied topically which can promote a positive mood.

\*Naturally occurring oil compounds

## PRODUCT DESCRIPTION

You're going to love dōTERRA Citrus Twist! This uplifting blend is a beautiful combination of Wild Orange, Lemongrass, Ginger and Litsea essential oils, along with ginger extract. Wild Orange essential oil helps to give Citrus Twist a calming and relaxing effect. In addition, Ginger essential oil may have soothing benefits! Wild Orange and Ginger essential oils can also promote a positive mood when applied topically.

## USES

- Add Citrus Twist to Fractionated Coconut Oil and use for a calm, soothing massage.
- Put 1 drop on your wrist and rub both wrists together for a beautiful perfume.
- Invite a positive mood each day by applying Citrus Twist in the morning.

## DIRECTIONS FOR USE

For massage, mix 5 drops with ≈ 10 ml carrier oil. For bath, mix 5 drops with ≈ 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears, and sensitive areas. Avoid UV rays for 12 hours after applying.

## ADDITIONAL INFORMATION

Batch number can be found on product.

Period after opening is 12 months.

Expiration date can be found on product.

