

# Citrus Bliss™

Invigorating Blend 15 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



**Ingredients:** Citrus Aurantium Dulcis (Orange) Peel Oil, Citrus Limon (Lemon) Peel Oil, Citrus Paradisi (Grapefruit) Peel Oil, Citrus Aurantium Bergamia (Bergamot) Peel Oil, Citrus Nobilis (Mandarin Orange) Peel Oil, Citrus Aurantifolia (Lime) Peel Oil, Litsea Cubeba Fruit Oil, Dipteryx Odorata Seed Extract, Vanilla Planifolia Fruit Extract, Limonene\*, Linalool\*, Citral\* Coumarin\*.

## PRIMARY BENEFITS

- With refreshing properties.
- Citrus Bliss can give your skin a cheerful, bright scent when applied topically as a pleasant perfume.
- Topically applying Citrus Bliss can be helpful when you are trying to promote focus and clarity.

## PRODUCT DESCRIPTION

Citrus Bliss™ merges the major energising and refreshing benefits of citrus essential oils. The powerful essences of Wild Orange, Lemon, Grapefruit, Bergamot, Red Mandarin, Green Mandarin, Lime, Litsea, Tonka Bean and Vanilla Absolute combine to create this unique and harmonious blend that is sure to uplift your mood.

## USES

- Add Citrus Bliss to Fractionated Coconut Oil and use in an uplifting massage.
- Put 1 drop on your wrist and rub both wrists together for a great everyday perfume.
- Start your day off in a positive mood by applying Citrus Bliss in the morning to invigorate and energise.

## DIRECTIONS FOR USE

For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying.



\*Naturally occurring oil compounds