Cananga

Cananga odorata 15 ml

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PRODUCT INFORMATION PAGE



PRIMARY BENEFITS

- More subdued floral scent than Ylang Ylang oil, which comes from the same species of tree.
- Promotes feelings of soothing relaxation.
- Helps to uplift mood.

PRODUCT DESCRIPTION

The cananga tree is native to tropical Asia and a member of the sugar apple family. Traditionally used in Ayurvedic cultural practices, Indonesians place cananga flowers on honeymooners' pillows to invite a happy life. Extracted by steam distillation, Cananga essential oil comes from its vibrant yellow flowers. The same species of tree provides Ylang Ylang oil, although Cananga has a slightly less floral scent than Ylang Ylang oil.

USES

- Add 2-3 drops to a warm Epsom salt bath to create a soothing and relaxing experience.
- Try mixing a few drops with your favourite dōTERRA skin care moisturiser.
- Put on your wrists for a sweet, floral perfume.

DIRECTIONS FOR USE

Topical: For massage, mix 5 drops with ≈ 10 ml carrier oil. For bath, mix 5 drops with ≈ 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears, and sensitive areas.



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