

# AromaTouch™

Massage Blend 15 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



**Ingredients:** Cupressus Sempervirens Oil, Mentha Piperita (Peppermint) Oil, Origanum Majorana Leaf Oil, Ocimum Basilicum (Basil) Oil, Citrus Paradisi (Grapefruit) Peel Oil, Lavandula Angustifolia (Lavender) Oil, Linalool\*, Limonene\*, Eugenol\*.

## PRIMARY BENEFITS

- AromaTouch essential oil blend combines a unique group of oils to provide relaxing and comforting benefits.
- AromaTouch combines our essential oils of Cypress, Peppermint, Marjoram, Basil, Grapefruit and Lavender oil.
- Can help lessen tension and provide a soothing sensation that will aid in the effectivity of any massage experience.
- Clean, fresh and minty fragrance of AromaTouch oil gives an additional aromatic boost to all AromaTouch massages.
- AromaTouch oil can also be used in the AromaTouch Hand Technique.

\*Naturally occurring oil compounds.

## PRODUCT DESCRIPTION

The AromaTouch™ Massage Blend is a calming essential oil blend you can use during a massage. The comforting and relaxing benefits of this oil blend may help to assist in calming the senses.

## USES

- Use AromaTouch to create a luxurious spa environment in the comfort of your own home.
- Combine with Epsom salts and add to a hot bath for relaxation after a long work day.
- Apply AromaTouch to neck and shoulders to promote relaxation.
- Use in conjunction with the AromaTouch Technique™ or the AromaTouch Hand Technique™.

## DIRECTIONS FOR USE

For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying.

