

dōTERRA Adaptiv™ Capsules

Food Supplement with Plant Extracts and Essential Oils

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



CPTG™

Ingredients: Buglossoides arvensis seed oil, Gamma aminobutyric acid, Capsule (Hydroxypropyl methylcellulose), Bulking agent (Safflower (Carthamus tinctorius) seed oil), Thickener (Mono and diglycerides of fatty acids), Lavender (Lavandula angustifolia) flowering tops oil, Coriander (Coriandrum sativum) seed essential oil, Wild orange (Citrus sinensis) peel essential oil, Saffron (Crocus sativus) stigmas extract, Fennel (Foeniculum vulgare) seed essential oil, Colour (Carrot concentrate), Anti-oxidant (d-alpha Tocopherol).

PRODUCT DESCRIPTION

A busy day can quickly turn into a non-stop week. Tasks and projects pile up; social obligations leave no room for wind-down time, and you often find yourself on autopilot. What Adaptiv Capsules do is quiet the senses, offering much-needed respite. Measured proportions of clinically researched botanicals and ingredients synergise with essential oils and plants known for relaxation and calm, sealed in capsules for immediate use. Swap functional freeze for confidence and clarity. Restore mental resilience through practical lifestyle changes and the aid of Adaptiv Capsules to alleviate unease in the mind and body.

USES

- Although a wonderful addition to your routine, food supplements must not replace a varied and balanced diet and healthy lifestyle.
- Read all caution and warning statements before use.
- Do not exceed the recommended dosage.

DIRECTIONS FOR USE

Take 1 capsule daily. Store in a cool, dry place.

CAUTIONS

Keep out of reach of children. Do not exceed recommended daily dose. Food supplements must not replace a varied and balanced diet and healthy lifestyle. Pregnant or nursing women and people with known medical conditions should consult a physician before using.



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PRIMARY BENEFITS

- May help promote a sense of calm and positive feelings
- Can support mood and improve the state of mind
- Formulated for the user to adapt to new surroundings
- Encourages moments of relaxation and supports cognitive clarity
- GMO, Dairy, Soy and Gluten free, vegan friendly | 30 capsules
- **Safflower (*Carthamus tinctorius*) Seed Oil:**
 - Contributes to hair lustre and shine through its composition in essential fatty acids which strengthen the hydrolipidic film of the hair shaft
- **Lavender (*Lavandula angustifolia*) Oil**
 - Contributes to optimal relaxation*
 - Helps to maintain a healthy sleep*
 - Helps in functional abdominal complaints*
 - Used to improve the digestive comforts in case of temporary stress*
 - Used to decrease tenseness*
 - Used to decrease restlessness*
 - Used to decrease irritability*
- **Coriander (*Coriandrum sativum*) Seed Oil:**
 - Supports immune function*
 - Has a significant antioxidant effect*
 - Supports heart function*
 - Helps maintain normal digestion of fats*
 - Helps maintain normal cholesterol levels*
- **Saffron (*Crocus sativus*) Stigmas Extract**
 - Helps maintaining mobility and flexibility of joints*
 - Contributes to relieve the menopause symptoms*
 - Used to help to find a better sleep*
 - Used to decrease tenseness*
 - Used to decrease restlessness*
 - Used to decrease irritability*

*These health claims are still under the decision of the EU and EFSA.