

dōTERRA™

EO Mega™+

What is it?

EO Mega™+ is a premium blend of omega fatty acids derived from clean, pure, and traceable fish oil. EO Mega™+ includes CPTG Certified Pure Tested Grade™ essential oils to enhance the user experience. The softgel version features Wild Orange essential oil, while the sachets contain Lemon essential oil and extra virgin olive oil.

Why do I need it?

Omega-3 fatty acids are essential for overall health but are often lacking in modern diets. EO Mega™+ provides:



Easy-to-absorb, high-quality fish oil from Norway.



EPA and DHA to contribute to the normal function of the heart.



DHA contributes to the maintenance of normal brain function.



DHA contributes to the maintenance of normal vision.



Extra virgin olive oil is naturally rich in monounsaturated fats like oleic acid and polyphenols, providing antioxidant and anti-inflammatory properties.

What makes it different?



Wild-caught, sustainable fish oil sourced from the Nordic Seas, through a partnership of conscience and sustainability with Pharma Marine.



Limonene is a natural chemical compound found in high amounts in Wild Orange and Lemon essential oil.



GMO-free, dairy-free, soy-free, and gluten-free.



Different formats for convenient use at home or on-the-go.



EO Mega™+ supports:

- Normal heart function
- Brain and cognitive health
- Vision maintenance
- Overall wellness with essential omega-3 fatty acids

What products pair well with EO Mega™+?

Pair with **VMG+™** for complete daily nutrition. Combine with **dōTERRA PB Restore™** or **PB Assist+™** for optimal gut health.

Who is it for?

- Adults looking to maintain heart, brain, and vision health.
- Individuals seeking a high-quality, traceable omega-3 supplement.

How do I use it?

Softgels: Take 3 softgels daily with food.

Sachets: Consume one sachet by squeezing the contents directly into the mouth, onto a spoon, or into water. Do not freeze or heat.

Food supplements should not replace a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose. Keep out of reach of children. Pregnant or nursing women, individuals taking medication, or those with medical conditions should consult a physician before use.

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