

Ylang Ylang

Cananga odorata 15 mL

dōTERRA® | CANADA

Product Information Page



CPTG Certified Pure Tested Grade®

Application: A T N

Plant Part: Flower

Extraction Method: Steam distillation

Aromatic Description: Sweet, rich, floral

Main Chemical Components: Germacrene, caryophyllene

Ylang Ylang | *Cananga odorata* 15 mL

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Primary Benefits

- + Has a sweet, uplifting, calming aroma
- + Promotes a calming, positive atmosphere.
- + Nourishes for softer looking hair and skin
- + Moisturizes scalp for healthy, shiny looking hair

Product Description

Skin, hair, and aroma are the three pillars that make Ylang Ylang essential oil a must-have. To give your skin a clean, refreshed look, add a drop of Ylang Ylang to your facial moisturizer or gently massage it into your scalp to promote the appearance of healthy-looking hair. You can also incorporate Ylang Ylang into your personal and self-care routines as an ingredient in DIY steam-facial treatments, mud masks, and leave-in conditioners. Indulge in its soft, soothing aroma by adding a drop of Ylang Ylang to a warm bath or diffuse it in the evening to create a calming, positive atmosphere.

Uses

- + Use in a steam facial to refresh skin.
- + Add a drop to wrists as a sweet, floral perfume.
- + Combine a few drops with Epsom salts and add to warm water for a relaxing bath.
- + Combine with a carrier oil and leave on hair lengths as a deep conditioning treatment.
- + Massage Ylang Ylang oil into the scalp to increase the appearance of healthy, shiny hair.
- + Diffuse Ylang Ylang essential oil for a calming, uplifting aroma.

Directions

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. For external use only.