

# Yellow Mandarin

*Citrus nobilis* 5 mL

dōTERRA® | CANADA

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Tested Grade®

**Application:** **A** **T** **I** **N**

**Plant Part:** Peel

**Extraction Method:** Cold pressed

**Aromatic Description:** Citrus, zesty, fresh, fruity, floral

**Main Chemical Components:** Limonene,  $\gamma$ -terpinene

## PRODUCT DESCRIPTION

The Mandarin tree is a small evergreen with a single trunk and many thin drooping branches. Often confused with Tangerine, the Mandarin orange is a variety in the same Rutaceae family. The peel of the mandarin fruit is used to make three different Mandarin essential oils: Green Mandarin, Red Mandarin, and Yellow Mandarin. These varieties of essential oils depend upon the ripeness of the fruit at the time of distillation. In the middle of the ripening stage, Yellow Mandarin essential oil is cold pressed from the semi-ripe fruit peel and is the most floral of all mandarin essential oils. The delicious, bright scent of Yellow Mandarin offers a positive aroma. With inherent cleansing properties and other valuable chemical constituents, Yellow Mandarin is also excellent for cleansing surfaces and maintains a balanced moisture level in the skin. Limonene, a chemical component of Yellow Mandarin essential oil, provides an invigorating aroma that promotes vitality.

## USES

### Cosmetic:

- Add a few drops to Fractionated Coconut Oil for an uplifting and soothing massage
- Combine one drop with your favorite dōTERRA facial cleanser at nighttime to enhance the appearance of healthy-looking skin and rinse thoroughly

### Food:

- Add one drop to a glass of water for a refreshing taste

### Household:

- Diffuse for an elevating, relaxing aroma

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Internal use:** Dilute one drop in 120 mL of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with carrier oil to minimize any skin sensitivity.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

