

# Yellow Mandarin

*Citrus nobilis* 5 mL

dōTERRA® | CANADA

Product Information Page



**CPTG** Certified Pure Tested Grade®

**Application:** A T I N

**Plant Part:** Peel

**Extraction Method:** Cold pressed

**Aromatic Description:** Citrus, zesty, fresh, fruity, floral

**Main Chemical Composition:** limonene,  $\gamma$ -terpinene

**Yellow Mandarin** | *Citrus nobilis* 5 mL

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## Primary Benefits

- + Aroma creates an energizing atmosphere
- + Cleanses and promotes the appearance of healthy-looking skin
- + Cleanses surfaces
- + Has a fresh, citrusy flavour

## Description

A valuable gem among citrus oils, Yellow Mandarin stands tall on its own with its uplifting aroma, fresh, sweet flavour, and topical cleansing properties. When you want to create a positive, cheerful atmosphere, simply diffuse the sweet, refreshing scent of Yellow Mandarin. Rich in limonene, Yellow Mandarin can help cleanse and promote the appearance of healthy-looking skin as well as be used to clean commonly used surfaces throughout your home. With its subtle, citrus flavour, Yellow Mandarin also enhances the taste of water, teas, and fruit smoothies alike.

## Uses

- + Combine with a carrier oil for an uplifting and soothing massage.
- + Combine with your evening facial cleanser to promote the appearance of healthy-looking skin and rinse thoroughly.
- + Add to a glass of water or smoothie for a refreshing taste.
- + Diffuse for an elevating, relaxing aroma.
- + Add to a spray bottle of water for a naturally sourced cleansing spray.

## Directions

**Diffusion:** Use three to four drops in the diffuser of choice.

**Internal use:** Dilute one drop in 120 mL of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with carrier oil to minimize any skin sensitivity.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.