

# Wintergreen (Nepalese) dōTERRA® | CANADA

*Gaultheria fragrantissima* 15 mL

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Tested Grade

**Application:** A | T | S

**Plant Part:** Leaf

**Extraction Method:** Steam distillation

**Aromatic Description:** Sweet, minty, refreshing

**Main Chemical Components:** Methyl salicylate

## Wintergreen (Nepalese)

*Gaultheria fragrantissima* 15 mL

Part Number: 31621713

Wholesale: \$28.25 CAD

Retail: \$37.67 CAD

PV: 23.5

## PRODUCT DESCRIPTION

Wintergreen essential oil is derived from the leaves of a creeping shrub found in coniferous areas. It contains soothing and renewing properties that can be received when applied to skin or diffused. When diffused, Wintergreen has a refreshing aroma that's uplifting and stimulating. Through dōTERRA's Cō-Impact Sourcing® initiative, our new source of Wintergreen comes from Nepal where it is wild harvested by rural villagers then distilled by community-owned distillation facilities. This process creates increased economic opportunity for very remote regions in rural Nepal.

## USES

### Cosmetic

- Massage into neck and shoulders for a quick pick-me-up. A little goes a long way, so use sparingly and dilute with a carrier oil to minimize any skin sensitivity.
- Add one drop Wintergreen to a warm bath to unwind.
- Apply to a cotton ball and add to gym bag, trash can, or other areas to mask odor.
- Combine Wintergreen and Fractionated Coconut Oil for a warming, soothing massage

### Household

- Combine with equal parts Citrus Bliss® and diffuse for an energizing aroma.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Topical use:** When used topically, dilute 1 drop with 5-10 drops of carrier oil as needed for skin sensitivity.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

