PRODUCT DESCRIPTION
White Grapefruit’s name comes from the color of its white peel. Although its color is unique, White Grapefruit shares similar chemistry and characteristics of other grapefruit varieties. Not quite as sweet as its pink grapefruit cousin, the aroma of White Grapefruit still evokes a fruity, citrusy tone. High in limonene, the essential oil is cold pressed from the fresh peel. White Grapefruit shines at providing a fresh, sweet scent for any environment and offers a clarifying, cheering and uplifting aroma. This unique grapefruit variety is also good for skin and oral hygiene and is an ideal essential oil to incorporate into your evening routine.

COSMETIC
• Add one drop to shampoo or toothpaste to enhance the cleansing benefits
• Combine one drop with your favorite doTERRA facial cleanser at nighttime to enhance the appearance of healthy-looking skin and rinse thoroughly
• Put one to two drops in the palm of your hand, rub together, cup over the nose and mouth, and breathe in deeply for an enlivening aroma
• Apply one to two drops with Fractionated Coconut Oil for a soothing abdominal massage

HOUSEHOLD
• Diffuse throughout the home for a bright, refreshing aroma

DIRECTIONS FOR USE
Diffusion: Use three to four drops in the diffuser of your choice.
Internal use: Dilute one drop into 120 mL of liquid.
Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS
Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.