



## Application:

VMG+™ | Minerals and Greens Drink Mix

60232325

## Primary Benefits

- + Delicious and convenient powdered drink
- + Made with over 90 science-backed ingredients
- + Source of whole food vitamins, minerals, and greens
- + Helps address the nutritional gaps in your diet
- + One stick a day contributes to your daily nutritional needs

## Description

To achieve comprehensive health, it's essential to address the nutritional gaps in your diet. VMG+ is a delicious, powdered drink designed to help you bridge those gaps and lay a strong nutritional foundation. Made with over 90 science-backed ingredients, just one stick a day provides a daily source of high-quality vitamins and minerals from nutrient-dense, whole-food sources—including fruits, vegetables, and greens.

Perfect for those seeking convenient and simplified approach nutrition, VMG+ makes your daily multivitamin the easiest part of your day. By taking simple steps to close the nutritional gaps in your diet today, you lay the foundation for a more wholesome, vibrant future.

Welcome to the future of wellness with VMG+.

## Directions

Take 1 stick per day. Add contents of stick to 150-240 mL of cold water or the liquid of your choice. Avoid adding to hot drinks. Shake or stir before drinking.

## Cautions

Not recommended for those under 14 years old or pregnant or breastfeeding women, do not drink on the same day as any other supplemented foods or supplements with Vitamin D and Vitamin A, do not drink more than 1 serving per day.

**Supplement Facts on the next page**

## Supplemented Food Facts Info-aliment supplémenté

Per 1 Stick (9.4 g)

Pour 1 Sachet (9.4 g)

	% Daily Value* % valeur quotidienne
<b>Calories 15</b>	
<b>Fat / Lipides 0 g</b>	0 %
Saturated / saturés 0 g	
+ Trans / trans 0 g	0 %
<b>Carbohydrate / Glucides 5 g</b>	
Fibre / Fibres 4 g	14 %
Sugars / Sucres 0 g	0 %
<b>Protein / Protéines 2 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 5 mg</b>	0 %
Potassium 50 mg	1 %
Calcium 45 mg	3 %
Vitamin C / Vitamine C 60 µg	67 %
Vitamin E / Vitamine E 11 mg	73 %
Thiamine 1.1 mg	92 %
Riboflavin / Riboflavine 0.9 mg	69 %
Vitamin B6 / Vitamine B6 0.85 mg	50 %
Biotin / Biotine 21 µg	70 %
Panthenate / Pantothénate 4.3 mg	86 %
Magnesium / Magnésium 10 mg	2 %
Zinc 5.5 mg	50 %
Selenium / Sélénium 29 µg	53 %
Copper / Cuivre 0.02 mg	2 %
Chromium / Chrome 30 µg	86 %

\*5% or less is **a little**, 15% or more is **a lot**\*5 % ou moins c'est **peu**, 15 % ou plus c'est **beaucoup**

### Supplemented with / Supplémenté en†

Vitamin A (Beta-carotene) / Vitamine A (Bêta-carotène) 1260 µg	
Vitamin B12 / Vitamine B 12 20 µg	817 %
Vitamin D / Vitamine D 13 µg	63 %
L-Cysteine / L-cystéine 15 mg	
L-Methionine / L-méthionine 100 mg	

† Includes naturally occurring and supplemental amounts

† Comprend les quantités naturelles et supplémentées

**Ingredients:** Gum acacia, Pea protein concentrate, Barley grass powder, Citric acid, Spirulina algae powder, Guar gum, Amla extract, Guava extract, Sugars (Maltodextrin, Concentrated pineapple juice, Concentrated cranberry juice powder, Concentrated apple juice powder, Concentrated grape juice powder, Concentrated aronia juice powder, Concentrated black currant juice powder, Concentrated raspberry juice powder, Concentrated strawberry juice powder, Concentrated cherry juice powder, Trehalose, Concentrated elderberry juice powder, Concentrated blueberry juice powder, Concentrated mulberry juice powder, Concentrated passionfruit powder, Concentrated pineapple juice powder, Concentrated bayberry juice powder, Dextrin), Fructooligosaccharide, Beet powder, L-Methionine, Steviol glycosides, Sunflower lecithin, Horseradish tree leaf powder, Sea buckthorn extract, Lemon extract, Natural flavour, Curry leaf powder, N-acetyl-L-Cysteine, Rice vinegar, Modified corn starch, Kelp powder, Grape extract, Purslane powder, Apple powder, Pineapple powder, Mango extract, Brussel sprout powder, Burdock root powder, Pomegranate extract, Turmeric extract, Concentrated cauliflower juice powder, Olive fruit powder, Kiwi powder, Concentrated asparagus juice powder, Concentrated broccoli juice powder, Concentrated carrot juice powder, Concentrated celery juice powder, Concentrated lemon juice powder, Acerola extract, Papaya powder, Acai fruit powder, Kale juice powder, Lactobacillus plantarum TCI 507, Blackberry powder, Cabbage juice powder, Apple fibre, Artichoke powder, Concentrated spinach juice powder, Beta-carotene, Lactiplantibacillus plantarum TCI837, Ginger extract, Ginger root essential oil, Lavender essential oil, Lemongrass essential oil, Peppermint essential oil, Wild orange essential oil, Lactocaseibacillus paracasei TCI727, Lactobacillus johnsonii TCI 369, Coconut oil, Chickpea powder, Isomaltooligosaccharide, Monopotassium phosphate, Ascorbic acid, Tocopherols, Silicon dioxide, Ascorbyl palmitate, Polysorbate 80, Vitamin B12, Vitamin D, Sodium ascorbate

**Ingrédients :** Gomme d'acacia, Concentré de protéines de pois, Poudre d'herbe d'orge, Acide citrique, Poudre d'algues spiruline, Gomme de guar, Extrait d'amlas, Extrait de goyave, Sucres (Maltodextrine, Jus d'ananas concentré, Poudre de jus de canneberge concentré, Poudre de jus de pomme concentré, Poudre de jus de raisin concentré, Poudre de jus d'aronia concentré, Poudre de jus de cassis concentré, Poudre de jus de framboise concentré, Poudre de jus de fraise concentré, Poudre de jus de cerise concentré, Tréhalose, Poudre de jus de sureau concentré, Poudre de jus de bleuet concentré, Poudre de jus de mûre concentré, Poudre de fruit de la passion concentré, Poudre de jus d'ananas concentré, Poudre de jus de myrica concentré, Dextrine), Fructooligosaccharide, Poudre de betterave, L-Méthionine, Glycosides de stéviol, Lécithine de tournesol, Poudre de feuille de moringa, Extrait d'argousier, Extrait de citron, Arôme naturel, Poudre de feuille de cari, N-acétyl-L-Cystéine, Vinaigre de riz, Amidon de maïs modifié, Poudre de varech, Extrait de raisin, Poudre de pourpier, Poudre de pomme, Poudre d'ananas, Extrait de mangue, Poudre de chou de Bruxelles, Poudre de racine de bardane, Extrait de grenade, Extrait de curcuma, Poudre de jus de chou-fleur concentré, Poudre de fruit d'olive, Poudre de kiwi, Poudre de jus d'asperge concentré, Poudre de jus de brocoli concentré, Poudre de jus de carotte concentré, Poudre de jus de céleri concentré, Poudre de jus de citron concentré, Extrait d'acérola, Poudre de papaye, Poudre d'açaï, Poudre de jus de chou kale, Lactobacillus plantarum TCI 507, Poudre de mûre, Poudre de jus de chou, Fibre de pomme, Poudre d'artichaut, Poudre de jus d'épinard concentré, Bêta-carotène, Lactiplantibacillus plantarum TCI837, Extrait de gingembre, Huile essentielle de racine de gingembre, Huile essentielle de lavande, Huile essentielle de citronnelle, Huile essentielle de menthe poivrée, Huile essentielle d'orange sauvage, Lactocaseibacillus paracasei TCI727, Lactobacillus johnsonii TCI 369, Huile de noix de coco, Poudre de pois chiche, Isomaltooligosaccharide, Phosphate monopotassique, Acide ascorbique, Tocophérols, Dioxyde de silicium, Palmitate d'ascorbyle, Polysorbate 80, Vitamine B12, Vitamine D, Ascorbate de sodium.