

# Tea Tree (NHP)

Melaleuca alternifolia 15 mL

dōTERRA®

Product Information Page



**CPTG** Certified Pure Tested Grade®

**Application:** A T N

**Plant Part:** Leaf

**Extraction Method:** Steam distillation

**Aromatic Description:** Herbaceous, green, leathery

**Main Chemical Composition:** Terpinen-4-ol,  $\gamma$ -terpinene,  $\alpha$ -terpinene

**Tea Tree (NHP)** | *Melaleuca alternifolia* 15 mL

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## Description

Also known as Melaleuca, Tea Tree essential oil has over 92 different compounds and limitless applications. The leaves of the Melaleuca tree were used by the Aboriginal peoples of Australia for centuries. They would apply crushed leaves directly to the skin for a cooling effect. The aroma of Tea Tree is fresh and uplifting, while the oil itself can be used daily for its cleansing and rejuvenating properties on the skin.

NPN# 80060950.

## Uses

### Cosmetic

- + Use in an oral rinse to freshen breath.
- + Apply to underarms as a naturally sourced deodorant.
- + Add a few drops to Fractionated Coconut Oil and apply to tired, dry or cracked feet.
- + Combine Tea Tree and Cedarwood and apply to face after shaving for an invigorating aftershave.

### Household

- + Diffuse with citrus essential oils for a refreshing aroma.
- + Add a few drops to washing machine to freshen clothing.
- + Add five drops Tea Tree to a spray bottle with water and use on household surfaces.

### Therapeutic

- + Used in aromatherapy to help relieve colds and cough.

## Directions

**Diffusion:** Use three to four drops in the diffuser of choice.

**Topical use:** When used topically, dilute with carrier oil to minimize skin sensitivity.

### Application Methods

A Aromatic T Topical I Internal H Home Care

### Skin Sensitivity

N Neat D Dilute S Sensitive Skin

## Cautions

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Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.