

Tangerine

Citrus reticulata 15 mL

dōTERRA® | CANADA

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade®

Application: A T I N

Plant Part: Peel/Rind

Extraction Method: Cold pressed

Aromatic Description: Tangy, sweet, fresh

Main Chemical Components: Limonene

Tangerine

Citrus reticulata 15 mL

Part Number: 60202904

Wholesale: \$19.25 CAD

Retail: \$25.67 CAD

PV: 16



PRODUCT DESCRIPTION

Tangerine has a long history of use in Chinese culture and herbal practices. Tangerine has a sweet, tangy aroma, similar to other citrus oils, that is uplifting and is known for its cleansing properties. A popular and flavorful addition to desserts and drinks—from water to fruit smoothies—Tangerine can be used in any recipe calling for citrus fruits.

USE

Cosmetic

- Apply to flex points or abdomen for a delightful massage.
- Combine one drop with ¼ cup of sea salt for a spa-like bath.
- Apply topically to wrists and neck for an uplifting, energizing aroma.
- Incorporate into skincare routine to give complexion a refreshed, smooth appearance.

Food

- Add two to three drops as a flavoring in dessert recipes.
- Add one to two drops in water, smoothies, teas, or lemonade for flavoring.

Household

- Diffuse for a soothing and relaxing aroma.
- Use in an all-purpose spray to cleanse and purify surfaces.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in 120 mL of liquid.

Topical use: Apply one to two drops to desired area.

Dilute with a carrier oil to minimize any skin sensitivity.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.