

# SuperMint™

Essential Oil Blend 15 mL

dōTERRA® | CANADA

Product Information Page



**CPTG** Certified Pure Tested Grade®

**Application:** 

**Ingredients:** Peppermint, Japanese Mint, Bergamot Mint, Spearmint

**Aromatic Description:** Herbal, sweet

**SuperMint™** | Essential Oil Blend 15 mL

**60222232**

Wholesale: \$38.00 CAD

Retail: \$50.67 CAD

PV: 31.5

## Primary Benefits

- + Delivers a revitalizing, minty, herbal, and sweet aroma
- + Creates a clarifying and energizing atmosphere when diffused
- + Provides a cooling sensation to skin when incorporated into a massage
- + Freshens breath and leaves the mouth feeling refreshed

## Product Description

Crisp, clean, and compelling, SuperMint brings together CPTG® Peppermint, Japanese Mint, Bergamot Mint, and Spearmint essential oils, creating a powerfully refreshing blend. When diffused or used topically, SuperMint offers an invigorating, energizing aroma, creating an uplifting environment that's ideal for work, study, or times of focus.

### Why should I add SuperMint oil blend to my collection?

SuperMint combines key, menthol-rich essential oils in a synergistic blend, delivering a revitalizing, minty aroma with each use. Menthol—the primary constituent of SuperMint—provides a cool, clarifying scent when inhaled. When applied to the skin during a massage, the cooling effect may be soothing and comforting. This minty blend can also help freshen breath when used as an oral rinse.

## Uses

### Cosmetic

- + Rub one to two drops of SuperMint blend between your hands, cup them over your face, and inhale for a refreshing midday fragrance boost.
- + Add SuperMint oil blend to dōTERRA Spa Hand and Body Lotion for a comforting massage.
- + Combine one drop of SuperMint blend with 60 mL of water and gargle for a fresh mouth rinse.

### Household

- + Diffuse SuperMint in your favourite dōTERRA diffuser throughout the day for an inspiring aroma.
- + Use SuperMint in an office or car diffuser to refresh your space.

## Directions

**Diffusion:** Add three to four drops to the diffuser of your choice.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, face and sensitive areas.