

# Smart & Sassy<sup>®</sup>

Essential Oil Blend 15 mL

dōTERRA<sup>®</sup> | CANADA

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Tested Grade<sup>®</sup>

**Application:** A T I S

**Ingredients:** Grapefruit Peel, Lemon Peel, Peppermint Plant, Ginger Root, and Cinnamon Bark essential oils.

**Aromatic Description:** Minty, spicy, herbal

## Smart & Sassy

Essential Oil Blend 15 mL

Part Number: 31371813

Wholesale: \$33.25 CAD

Retail: \$44.33 CAD

PV: 27.50

## PRODUCT DESCRIPTION

Smart & Sassy is a proprietary blend of Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon essential oils. This flavorful and aromatic blend has multiple uses.

## USES

### Cosmetic

- Massage into stomach, hips, and thighs for a smoothing, warming effect.

### Food

- Add one drop to eight ounces of water for a refreshing beverage.
- Combine with honey and warm water to create an invigorating herbal tea.

### Household

- Diffuse to cleanse the air and provide a sweet, spicy aroma.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Internal Use:** Dilute four drops in 120 mL of liquid.

**Topical use:** When used topically, dilute 1 drop with 5-10 drops of carrier oil to minimize skin sensitivity.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

