

# Pink Pepper

*Schinus molle* 5 mL

dōTERRA | CANADA

Product Information Page



**CPTG** Certified Pure Tested Grade®

**Application:** A T I N

**Plant Part:** Fruit

**Extraction Method:** Steam distilled

**Aromatic Description:** Spicy, fruity, slightly woody

**Main Chemical Composition:** Limonene,  $\alpha$ -Phellandrene, Myrcene

**Pink Pepper** | *Schinus molle* 5 mL  
**60205308**

## Primary Benefits

- + Has a spicy, fruity, slightly woody aroma
- + Helps create an invigorating atmosphere
- + Provides a soothing sensation during a massage
- + Adds a fresh, spiced flavour to water and recipes

## Description

The aroma of Pink Pepper oil is sharp and spicy with subtle fruity and woody notes. Its scent has an invigorating effect, and the oil can be diffused to help create a centered and focused atmosphere. When applied topically, Pink Pepper delivers a gentle warming sensation on the skin, perfect for enhancing a soothing massage or relaxing bath experience. Pink Pepper oil can also become an essential ingredient in your kitchen, elevating the taste of your favourite marinades and sauces with its rich, spicy flavour.

**Why add Pink Pepper oil to my collection?** Pink Pepper oil is high in -Phellandrene, a monoterpene alkene that provides a soothing sensation to skin. Pink Pepper essential oil contains more -Phellandrene than any other single dōTERRA oil, making it one of the best sources of this extraordinary constituent. Pink Pepper oil also contains high amounts of Limonene, a constituent that helps to clean the skin and surfaces.

## Uses

- + Create a soothing massage experience by combining several drops with Fractionated Coconut Oil.
- + Add one to two drops to a glass of water after enjoying a large meal.
- + Use in cooking to elevate the flavour of marinades, sauces, and other dishes.
- + Diffuse with citrus or floral oils to create an invigorating environment.

## Directions

**Diffusion:** Use three to four drops in the diffuser of choice.

**Internal use:** Dilute one drop in 120mL of liquid.

**Topical use:** When used topically, dilute 1 drop with 5-10 drops of carrier oil to minimize skin sensitivity.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.