

Petitgrain (NHP)

Citrus aurantium 15 mL

dōTERRA® | CANADA

Product Information Page



CPTG Certified Pure Tested Grade®

Application: A T N

Plant Part: Leaf, twig

Extraction Method: Steam distillation

Aromatic Description: Fresh, floral, slightly herbaceous

Main Chemical Components: Linalyl acetate, linalool, alpha-terpineol

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Primary Benefits

- + Acts as a nervine and calmative
- + Helps relieve certain joint and muscle pain

Product Description

Petitgrain is one of three essential oils that is steam distilled from the bitter orange tree. Orange oil is traditionally produced from the peels and rinds of the fruits, Neroli oil is distilled from the blossoms, and Petitgrain comes from distilling the twigs and leaves.

To experience the therapeutic benefits of Petitgrain oil, diffuse at key times throughout the day when you are in need of its calmative effects. You may also apply Petitgrain oil to your wrists and pulse points, or to the bottoms of your feet at the open or close of your day. Using Petitgrain oil as an aromatic component in an aromatherapy massage can help relieve joint and muscle pain associated with sprain, strain, and rheumatoid arthritis.

NPN# 80072499

Petitgrain essential oil is sustainably sourced in Paraguay through the dōTERRA Co-Impact Sourcing® initiative.

Uses

- + Used in aromatherapy as a nervine/calmative.
- + Used in aromatherapy to help relieve joint/muscle pain associated with sprain/strain/rheumatoid arthritis.

Directions for Use

Diffusion: Apply 1-6 drops of undiluted essential oil to a tissue and inhale up to 3 times per day.

Topical use: Dilute 1 drop with 5 mL of carrier oil. Apply topically up to 3 times daily or use in massage once daily. Rub or massage into skin until solution vanishes. Do not use essential oil undiluted.

Cautions

Not for oral use. Keep out of reach of children. External use only. Avoid contact with eyes and mucous membranes; if this happens, rinse thoroughly with vegetable oil. If accidental ingestion occurs, seek urgent medical attention or contact a Poison Control Center. Consult a health care practitioner prior to use if you have epilepsy or asthma, or if symptoms persist or worsen. If you are pregnant or breastfeeding do not use this product. Do not expose the applied area(s) to the sun for 24 to 48 hours after application. If you experience nausea, dizziness, headache, or an allergic reaction, discontinue use. For prolonged use, consult a healthcare practitioner.