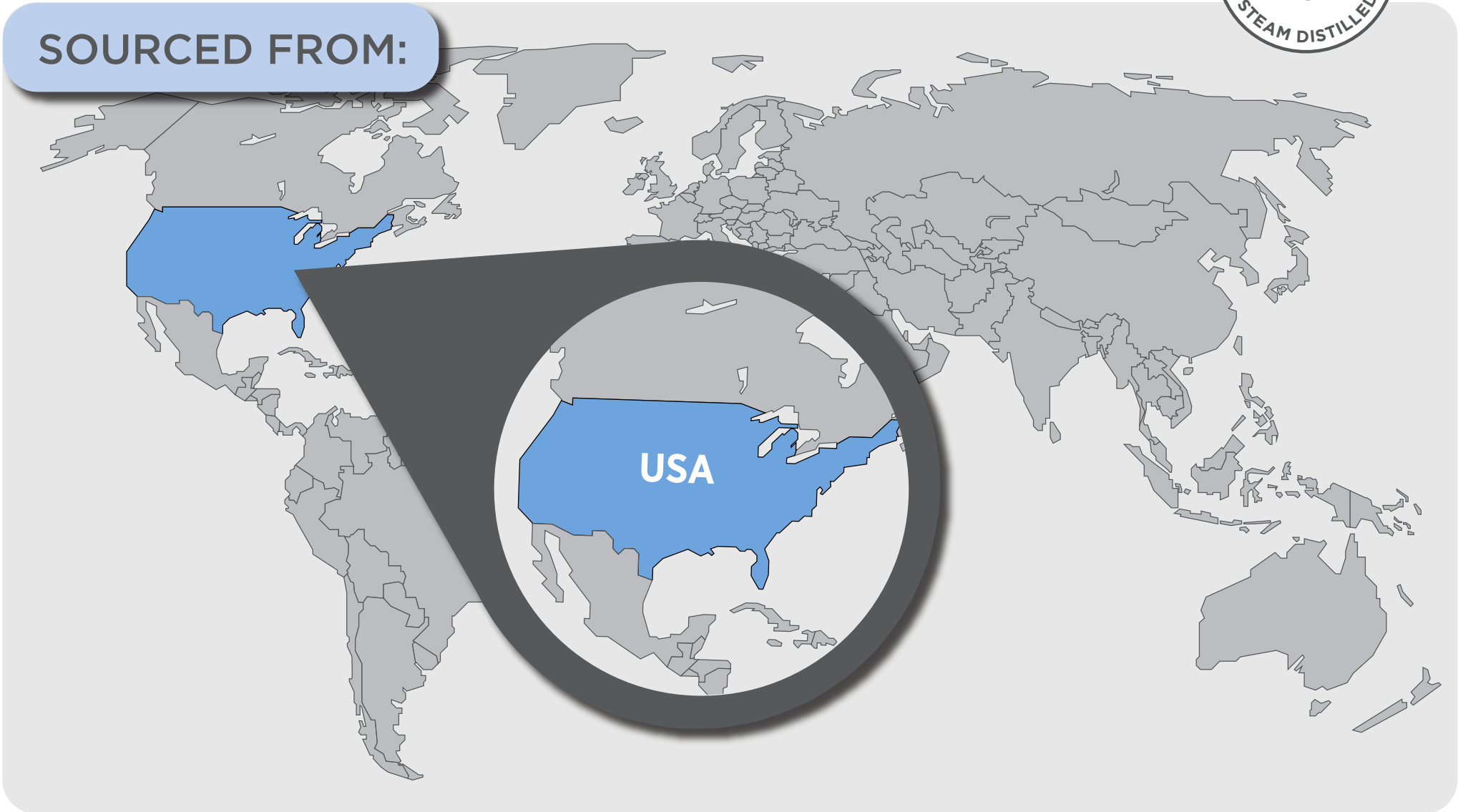


Peppermint A T I S



SOURCED FROM:



WHAT IT TAKES TO MAKE A BOTTLE:



It takes one pound of peppermint plant matter to produce 15 mL of Peppermint essential oil.*

CHEMISTRY:

The main chemical constituents of peppermint are:



Graph represents chemical compounds most prevalent in this essential oil. Additional constituents may be found.

RESEARCH:

600+

Published studies about the benefits of peppermint

Human Clinical Trials

87

Numbers according to PubMed as of December 2017

FUN FACT

Peppermint's scientific name is *Mentha piperita*. This name comes from ancient Greek mythology. Minthe (also known as Mentha), was a nymph transformed into a sweet-smelling mint by Queen Persephone.

WORKS WELL WITH:



*Varies by season, region, year, and other variables.