

Patchouli (NHP)

Pogostemon cablin 15 mL

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Product Information Page



CPTG Certified Pure Tested Grade®

Application: A T N

Plant Part: Leaf

Extraction Method: Steam distillation

Aromatic Description: Rich, woody, musky, earthy

Main Chemical Composition: Patchouli alcohol, α -Bulnesene, α -Guaiene

Patchouli | *Pogostemon cablin* 15 mL

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Description

Patchouli is a bushy herb from the mint family with stems reaching two or three feet in height and bearing small, pink-white flowers. Easily recognized for its rich, muskysweet fragrance, Patchouli is regularly used in the perfume industry as well as in scented products such as laundry detergents and air fresheners. Patchouli oil holds significant benefits for the skin while also providing a balancing, grounding fragrance. NPN 80060989

Uses

Cosmetic

- + Apply topically under arms as a natural deodorant.
- + Add to daily moisturizer to promote a radiant complexion.
- + Combine one drop with shampoo and massage into hair to soothe dry scalp.
- + Combine with equal parts Peppermint and apply to temples and neck after a long workday.
- + Combine ½ teaspoon baking soda, two tablespoons water, two drops Peppermint oil, and one drop Patchouli oil to create a mouth rinse.

Household

- + Diffuse for a grounding, balance aroma.
- + Add 10 drops to a spray bottle filled with water and spray over body when outdoors for a pleasant aroma.

Therapeutic

- + Used in aromatherapy as a nervine and calmative.
- + Used in aromatherapy for symptomatic relief of acne and boils.
- + Used in aromatherapy to relieve minor skin irritation, cuts, bruises, and burns.
- + Used in aromatherapy as a carminative and antispasmodic for symptomatic relief of digestive discomfort.

Directions

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: When used topically, dilute with carrier oil as desired.

Application Methods

A Aromatic T Topical I Internal H Home Care

Skin Sensitivity

N Neat D Dilute S Sensitive Skin

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.