

Oregano

Origanum vulgare 15 mL

dōTERRA® | CANADA

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade®

Application: A T I D

Plant Part: Leaf

Extraction Method: Steam distillation

Aromatic Description: Herbaceous, sharp, green, camphoraceous

Main Chemical Components: Carvacrol, thymol

Oregano

Origanum vulgare 15 mL

Part Number: 30181813

Wholesale: \$28.25 CAD

Retail: \$37.67 CAD

PV: 23.50

PRODUCT DESCRIPTION

Oregano is one of the most potent and powerful essential oils and has been used for centuries for its varied benefits. In addition to being a popular cooking spice, Oregano acts as an enhancer and equalizer in essential oil blends.

USES

Cosmetic

- Mix one drop with 5-10 drops of Fractionated Coconut Oil and rub into hands as a cleansing agent.
- Blend one drop with 5-10 drops of Fractionated Coconut Oil and apply to chest for a soothing massage.

Food

- Replace one tablespoon of dry oregano with one drop in Italian dishes.

Household

- Add to a spray bottle of water to clean tables, countertops, and other surfaces.
- Diffuse with Peppermint and Lime, for an invigorating aroma during cold months.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in 120 mL of liquid.

Topical use: When used topically, dilute 1 drop with 5-10 drops of carrier oil to minimize skin sensitivity.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

