

# Oregano



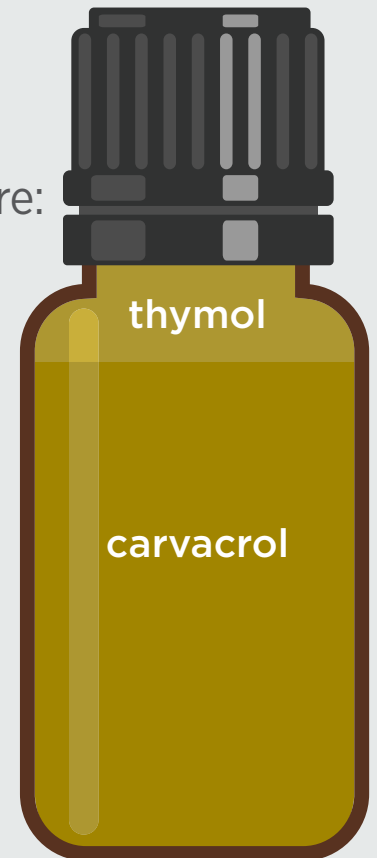
## WHAT IT TAKES TO MAKE A BOTTLE:



It takes 2.6 pounds of oregano to produce 15 mL of Oregano essential oil.\*

## CHEMISTRY:

The main chemical constituents of oregano are:



Graph represents chemical compounds most prevalent in this essential oil. Additional constituents may be found.

## RESEARCH:

# 700+

Published studies about the benefits of oregano

# 21

Human Clinical Trials

Numbers according to PubMed as of December 2017

## FUN FACT

The word "oregano" is actually derived from the Greek phrase, "joy of the mountains."

## WORKS WELL WITH:



\*Varies by season, region, year, and other variables.