

Northern Escape

Essential Oil Blend 15 mL

dōTERRA® | CANADA

Product Information Page



CPTG Certified Pure Tested Grade®

Application: A T N

Ingredients: Black Spruce, Siberian Fir, Balsam Fir, Lavandin, Cedarwood, Cypress, Hinoki, Frankincense, Nootka, Cananga, and Clove essential oils

Aromatic Description: Piney, fresh, clean

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Primary Benefits

- + Provides a grounding and inspiring aroma
- + Refreshes the home or office throughout the day
- + Creates a tranquil, positive environment

Product Description

Northern Escape blend combines CPTG® Black Spruce, Siberian Fir, Balsam Fir, Lavandin, Cedarwood, Cypress, Hinoki, Frankincense, Nootka, Cananga, and Clove essential oils to create a bottled escape to the woods. High in the chemical constituent alpha -pinene, the aroma of Northern Escape may provide a relaxing environment. The blend also contains bornyl acetate, a beneficial cleaning agent and chemical component known for giving fir trees their distinctive aroma. Add a drop of Northern Escape oil to a homemade room spray or naturally sourced surface cleanser, combine with your daily body lotion, or diffuse around your home to elevate your space into a tranquil, forest-like sanctuary.

Uses

- + Diffuse to create a refreshing environment.
- + Blend with Fractionated Coconut Oil to enhance a soothing massage.
- + Add to an unscented body wash or body lotion
- + Add a multi-surface cleaner.

Directions for Use

Diffusion: Use three to four drops in the diffuser of your choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

Cautions

For external use only. Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.