

# Niaouli

*Melaleuca quinquenervia* 15 mL

dōTERRA® | CANADA

Product Information Page



CPTG Certified Pure Tested Grade®

**Application:** A T D

**Plant Part:** Leaf

**Extraction Method:** Steam distillation

**Aromatic Description:** Piney, Sharp, Woody

**Main Chemical Components:** Eucalyptol,  $\alpha$ -pinene

**Niaouli** | *Melaleuca quinquenervia* 15 mL

## Primary Benefits

- + Renowned for its cleansing properties
- + Good for cleaning household surfaces
- + May help keep skin looking healthy
- + Supports a clean, healthy-looking mouth

## Description

A relative of Tea Tree, Niaouli has a fresh, green, woody aroma and a unique chemistry particularly clarifying to the skin. Widely used in a variety of cosmetics such as lotions, creams, soaps, and toothpastes, Niaouli can help keep both the skin and mouth healthy-looking and clean.

Due to its eucalyptol content and composition of monoterpenes, Niaouli has a very stimulating aroma that complements a soothing massage or diffuser blend. Its topical cleansing properties can help clean and support healthy-looking skin when diluted properly and can help support good oral hygiene. It can also add an extra cleansing boost to an essential oil surface cleaning spray.

## Uses

- + Add one drop to your facial cleanser
- + Add one drop to your toothpaste or a mouth rinse.
- + Combine with a carrier oil and include as part of a soothing massage.
- + Add a few drops to a spray bottle with water and use to clean household surfaces.
- + Diffuse for a uniquely rejuvenating aroma.

## Directions

**Diffusion:** Use three to four drops in the diffuser of your choice.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. For external use only.