



CPTG Certified Pure Tested Grade®

Application: **I**

Microplex VMz® | 120 Capsules

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Primary Benefits

- + Microplex VMz provides 21 essential vitamins and minerals for the maintenance of good health, supports immune and cognitive function, energy metabolism, and healthy digestion.*

Description

dōTERRA Microplex VMz Multi-Vitamin/Mineral is a nutrient formula of vitamins and minerals that are often deficient in our modern diets. The formula includes a balanced blend of antioxidant vitamins A, C, and a complex of B vitamins presented in a patented glycoprotein matrix. Microplex VMz also contains minerals including calcium, magnesium, and zinc for the maintenance of bones and the body's ability to metabolize nutrients. Microplex VMz contains the dōTERRA tummy tamer botanical blend of Peppermint, Ginger, and Caraway to aid in digestion. Microplex VMz is encapsulated using sodium lauryl sulfate-free vegetable capsules (NPN 80075879)

Concept

While it is abundantly clear that diets in many developed countries include adequate and even an overabundance of calories, a growing body of evidence shows that even as we eat more, we are obtaining less of the essential nutrients vital for optimal health. Over-processed, calorie-rich, nutrient-poor food choices threaten to make us fat even as our bodies are deprived of vitamins, minerals, and other essential nutrients.

Microplex VMz is a comprehensive array of vitamins and minerals presented in a nutrient complex that is intended to aid in normal growth and development of red blood cells and normal electrolyte balance, while promoting overall wellness. Microplex VMz provides a balanced blend of vitamins A, B, and C, and 800 IU of vitamin D per day. It also contains important minerals to help in energy metabolism, and calcium, magnesium, and zinc for the maintenance of bones.

Uses

- + Multi-vitamin/mineral for the maintenance of good health.
- + Digestive enzymes.
- + Source of antioxidants that help fight, protect against, and reduce cell damage caused by free radicals.
- + Helps normal growth and development.
- + Helps in energy production.

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- + Helps in the development and maintenance of bones and teeth.
- + Helps in the normal function of the immune system.
- + Helps in wound healing.

Directions

(Adults): Take 4 capsules per day with food/meal, a few hours before or after taking other medications or natural health products. For prolonged use, consult a health care practitioner.

Storage: Keep out of reach of children. Do not take if safety seal is broken or missing. Store in airtight container, protected from light.

Cautions

Allergens: fish, crustaceans, soybeans, wheat. Consult a health care practitioner prior to use if you are pregnant or breastfeeding, have a gastrointestinal lesion/ulcer, are taking an anticoagulant/ blood thinner or an anti-inflammatory, or are having surgery. Do not use if you are allergic to plants of the Apiaceae/Carrot family. Hypersensitivity/allergy has been known to occur, in which case, discontinue use.

Ingredients

Medicinal Ingredients

Vitamin A (Retinyl palmitate), Beta Carotene (Blakeslea trispora), Mixed carotenoids (Blakeslea trispora), Vitamin C (Calcium ascorbate, Magnesium ascorbate), Vitamin D (Cholecalciferol), Mixed tocopherol concentrate (Glycine max), Tocotrienols (Elaeis guineensis), Vitamin K1 Thiamin (Thiamine mononitrate), Riboflavin Niacin (Niacinamide), Vitamin B6 (Pyridoxine hydrochloride), Folate (Folic acid, citrus limon), Vitamin B12 (Methylcobalamin), Biotin, Calcium (Calcium ascorbate, Calcium citrate malate, coral calcium, Pantothenic acid (Calcium pantothenate), Magnesium (Dimagnesium malate, magnesium ascorbate), Iron (Ferrous bisglycinate), Selenium (Selenium glycinate), Zinc (Zinc bisglycinate), Copper (Copper (II) bisglycinate), Manganese (Manganese (II) bisglycinate), Chromium (Chromium (III) nicotinate glycinate),

Enzyme blend

Fungal Protease (Aspergillus flavus var. oryzae), Lactase (Aspergillus flavus var. oryzae), Lipase (Triacylglycerol lipase,

Rhizopus oryzae), Alpha-amylase (Aspergillus flavus var. oryzae), Alpha-galactosidase (Aspergillus niger), Diastase (Aspergillus oryzae), Glucoamylase (Aspergillus niger), Peptidase (Protease, Aspergillus flavus var. oryzae)

Non-Medicinal Ingredients

Hypromellose, Stearic acid, Silicon Dioxide, Microcrystalline Cellulose, Sodium Alginate, Acacia Gum, Pea Starch, Corn Starch, Sucrose, Water, Ascorbyl Palmitate, Modified Food Starch, Fractionated Coconut Oil, Sodium Ascorbate, Sodium Benzoate, Sorbic Acid, Citric Acid, Maltodextrin, Gelatin