MetaPWR Recharge®

Electrolyte Drink Mix

dōTERRA® | CANADA

Product Information Page

CPTG Certified Pure Tested Grade®

Application: I

MetaPWR Recharge® Electrolyte Drink Mix | 30 x 10 mL/sachets

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Primary Benefits

- Daily source of electrolytes
- Provides balanced ratios of key electrolytes: potassium, sodium, magnesium, and calcium
- Source of magnesium - a factor in energy metabolism and normal muscle function
- Free from GMOs, gluten, dairy, preservatives, and artificial ingredients

Description

Drinking enough water every day is essential for building a strong wellness foundation. However, many of us are regularly dehydrated and lack the optimal balance of key electrolytes in our bodies and diets. MetaPWR Recharge provides an exclusive, balanced blend of electrolytes—including potassium, sodium, calcium, and magnesium. Magnesium specifically contributes to normal muscle function and is an important factor in energy metabolism.

MetaPWR Recharge Electrolyte Drink Mix is not just for high-performance athletes—it's perfect for everyone. And with its delicious wild strawberry-flavour, hitting your daily hydration goals has never tasted better. Recharge fits perfectly into the greater MetaPWR system, helping support your wellness goals by enhancing your daily routines, so you're one step closer to living your most empowered life.

Directions

Shake sachet to mix. Empty liquid concentrate into 470 mL of cold water and enjoy.

Cautions

Not recommended for those under 14 years old. Do not drink on the same day as any other supplemented foods or supplements with Calcium, Magnesium, Molybdenum, Potassium. Do not drink more than 1 serving(s) per day. .

Ingredients

Water, Citric acid, Glycerol, Magnesium chloride, Acacia gum, Sea salt, Sodium Chloride, Concentrated purple carrot juice, Stevia leaf extract, Coconut juice, Baobab fruit extract, Lithothamnium calcareum algae, Concentrated lemon juice, Natural flavour, Panax ginseng root extract, Xanthan gum, Yeast, Sunflower lecithin, Grapefruit peel oil, Lemon oil, Peppermint oil, Ginger oil, Cinnamon oil, Sunflower seed oil, Potassium, Magnesium, Calcium, Molybdenum

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Supplemented Food Facts
Info-aliment supplémenté

Per 1 Sachet (10 mL)
pour 1 Sachet (10 mL)

Calories 10	% Daily Value* % valeur quotidienne
Fat / **Lipides** 0 g	0 %
Saturated / saturés 0 g + Trans / trans 0 g	0 %
Carbohydrate / **Glucides** 3 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / **Protéines** 0 g	
Cholesterol / **Cholestérol** 0 mg	
Sodium 100 mg	4 %
Iron / Fer 0 mg	0 %

*5% or less is **a little**, 15% or more is **a lot**
*5 % ou moins c'est **peu**, 15 % ou plus c'est **beaucoup**

Supplemented with / Supplémenté en†	
Calcium 50 mg	4 %
Magnesium / Magnésium 90 mg	21 %
Molybdenum / Molybdène 15 mcg	33 %
Potassium 300 mg	9 %

† Includes naturally occurring and supplemental amounts
† Comprend les quantités naturelles et supplémentées

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