

Lavender (NHP)

Lavandula angustifolia 15 mL

dōTERRA® | CANADA

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade®

Application: A | T | N

Plant Part: Herb top flowering

Extraction Method: Steam distillation

Aromatic Description: Powdery, floral, light

Main Chemical Components: Linalool, linalyl acetate

Lavender (NHP)

Lavandula angustifolia 15 mL

Part Number: 30112113

Wholesale: \$29.50 CAD

Retail: \$39.33 CAD

PV: 24.50

PRODUCT DESCRIPTION

Lavender is often considered a must-have oil to keep on hand at all times due to its versatile uses, including calming properties. NPN# 80061038

USES

Therapeutic

- Used in aromatherapy to help relieve headaches.
- Used in aromatherapy as a nervine and calmative.
- Used in aromatherapy to help relieve colds and cough.
- Used in aromatherapy as a carminative and antispasmodic for symptomatic relief of digestive discomfort.
- Used in aromatherapy to help relieve joint and muscle pain associated with sprain, strain, and rheumatoid arthritis.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: When used topically, dilute 1 drop with 5-10 drops of carrier oil to minimize skin sensitivity.

CAUTIONS

Keep out of reach of children. External use only. Avoid contact with eyes and mucous membranes; if this happens, rinse thoroughly with vegetable oil. If accidental ingestion occurs, seek urgent medical attention or contact a Poison Control Center. Consult a health care practitioner prior to use if you have epilepsy or asthma, or if symptoms persist or worsen. If you are pregnant or breastfeeding do not use this product. Avoid exposure of applied area(s) to the sun. Do not expose the applied area(s) to the sun for 24 to 48 hours after application. If you experience nausea, dizziness, headache, or an allergic reaction, discontinue use. For occasional use only. For prolonged use, consult a health care practitioner.

