

Kumquat

Kumquat 5 mL

dōTERRA® | CANADA

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade®

Application: **A** **T** **N**

Plant Part: Peel

Extraction Method: Cold pressed

Aromatic Description: Citrus, clean, fresh, sweet

Main Chemical Components: Limonene

PRODUCT DESCRIPTION

Indigenous to Asia, the Kumquat fruit is the size of a large olive and can be eaten whole with the peel. The peel has been described as being sweet, and the flesh sour. The peel produces a versatile essential oil known to have cleansing properties as well as aromatic benefits. Also known as *Citrus japonica*, kumquat is filled with limonene—the same main chemical component as Lemon, Lime, Wild Orange, and other citrus essential oils. Because of this, they share many of the same features and benefits, and can often be used interchangeably.

USES

Cosmetic:

- Add one drop to your facial cleanser, shampoo, or toothpaste for added cleansing properties.
- Place on bottoms of feet in the morning for an uplifting massage.

Household:

- Add one to two drops to a homemade surface cleanser for added cleansing properties.
- Combine in a diffuser with Lemon, Lime, Wild Orange, or Bergamot for a refreshing citrus aroma.
- Diffuse for a clean and energizing aroma.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: When used topically, dilute 1 drop with 5-10 drops of carrier oil to minimize skin sensitivity.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid UV rays for 12 hours after applying product.

