

Island Mint™

Essential Oil Blend 15 mL

dōTERRA® | CANADA

Product Information Page



CPTG Certified Pure Tested Grade®

Application: A T N

Ingredients: Lime, Lemon, Peppermint, and Spruce essential oils

Aromatic Description: Minty, fresh, citrus, woody

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Primary Benefits

- + Provides an uplifting, island-like aroma
- + Freshens the air with its citrus-mint scent
- + Creates an environment of renewal and clarity

Description

Island Mint combines the classic summertime duo of Lemon and Lime essential oils with refreshing Peppermint and a unique depth of Spruce to create a beautifully balanced aroma that's reminiscent of a summer getaway. Diffuse in your house, car, or office to transform any space into a scented oasis or use as an air freshener to target specific areas around your home. You'll never know a dull moment when the scent of Island Mint is in the air.

Uses

- + Diffuse in the home for an island-like escape indoors.
- + Use with a bathroom reed diffuser for a refreshing, decorative touch.
- + Add to a car diffuser for a sea-breeze aroma while driving.
- + Mix with water and spritz as a citrus-mint air freshener.

Directions

Diffusion: Use three to four drops in the diffuser of your choice.

Topical Use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

Cautions

For external use only. Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.