



CPTG Certified Pure Tested Grade®

Application: **A** **D**

Aromatic Description: Warm, woody, amber, citrusy

Ingredients: Wild Orange, Cedarwood, Amyris, Frankincense, Myrrh, Cistus, Vetiver, Tonka Bean, and Vanilla

Hygge™ | Essential Oil Blend 15 mL

60217669

Primary Benefits

- + Provides a cozy, welcoming aroma
- + Creates a relaxed, comforting space
- + Makes any room more inviting

Description

Treasured family and friends will immediately feel warm and welcomed with Hygge essential oil blend. Hygge is pronounced hoo-gah, a Scandinavian word that has ties to the word hug, and refers to the concept of finding joy in everyday moments and comfort in togetherness. dōTERRA captures the pleasure of this familiarity in a bottle with the Hygge essential oil blend. This blend features the fresh aroma of CPTG® Wild Orange, the grounding, earthy notes of Cedarwood, Frankincense, Myrrh, and Vetiver, and combines these essential oils with the warmth of tonka bean and vanilla to create a sweet, woody aroma and a wonderfully inviting ambiance.

Uses

- + Diffuse to create a warm and familiar environment.
- + Add one to two drops on a cloth or wool ball and place in closet to keep clothes or linens fresh.
- + Dilute and spray on upholstery for a cozy atmosphere.

Directions For Use

Aromatic use: Use five to 10 drops in the diffuser of choice.

Topical use: Dilute one drop essential oil to 10 drops carrier oil.

See additional precautions below.

Cautions

Not for internal use. Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

Application Methods

A Aromatic **T** Topical **I** Internal **H** Home Care

Skin Sensitivity

N Neat **D** Dilute **S** Sensitive Skin