

Geranium

Pelargonium graveolens 15 mL

dōTERRA® | CANADA

PRODUCT INFORMATION PAGE



CP[®]TG Certified Pure Tested Grade[®]

Application: A | T | S

Plant Part: Whole plant

Extraction Method: Steam distillation

Aromatic Description: Herbaceous, green, floral, sweet, dry

Main Chemical Components: Citronellol, citronellyl formate, geraniol, guaiadene, menthone

Geranium

Pelargonium graveolens 15 mL

Part Number: 30091813

Wholesale: \$39.75 CAD

Retail: \$53.00 CAD

PV:33



PRODUCT DESCRIPTION

A member of the *Pelargonium* genus, geranium is grown for its beauty and is a staple of the perfume industry. While there are over 200 different varieties of *Pelargonium* flowers, only a few are used as essential oils. Uses of Geranium essential oil date back to ancient Egypt when Egyptians used Geranium oil to beautify skin and for other benefits. In the Victorian era, fresh geranium leaves were placed at formal dining tables as decorative pieces and to be consumed as a fresh sprig if desired; in fact, the edible leaves and flowers of the plant are often used in desserts, cakes, jellies, and teas. As an essential oil, Geranium is extremely beneficial for improving the appearance of hair and skin—making it ideal for skin and hair care products. The aroma has also been known to help create a sense of harmony of body and mind.

USES

Cosmetic:

- Apply to underarms before applying deodorant.
- Combine one drop with shampoo to balance moisture in hair.
- Use topically on the skin after a shower for a smoothing effect.
- Add two drops Geranium to facial moisturizer and apply twice daily.
- Apply directly to skin or enjoy an aromatherapy steam facial to beautify the skin.

Household:

- Diffuse with equal parts Lemon and Grapefruit for a relaxing, spring scent.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in 120 mL of liquid.

Topical use: When used topically, dilute 1 drop with 5-10 drops of carrier oil to minimize skin sensitivity.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.