# Geranium

Pelargonium graveolens 15 mL

## dōTERRA<sup>®</sup> CANADA

Product Information Page



Application: A T I D Plant Part: Whole plant Extraction Method: Steam distillation Aromatic Description: Herbal, green, floral, sweet Main Chemical Components: Citronellol, citronellyl formate, geraniol

Geranium | Pelargonium graveolens 15 mL 30091813

### **Primary Benefits**

- + Has a harmonious, sweet, floral aroma
- + Promotes the appearance of clear, healthy skin
- + Gives hair and scalp a vibrant, healthy glow
- + Soothes dry skin

#### Description

Geranium essential oil promotes the appearance of clear skin and healthy hair thanks to its rich concentrations of citronellol and geraniol, making it ideal for skin and hair care. Keep your scalp looking healthy and clean by adding a few drops of Geranium oil to your regular haircare products or dilute to enjoy its many skin benefits through topical application. With its refreshing floral scent, Geranium oil creates a calm, relaxing atmosphere when diffused and is a preferred aroma to wear on the skin as a personal fragrance.

#### Uses

- + Use Geranium essential oil in a steam facial to beautify the skin.
- + Add a drop of Geranium oil to your moisturizer to soothe dryness and improve the appearance of skin.
- + Apply a few drops of Geranium essential oil to your shampoo or conditioner bottle or use it to make your own deep conditioner.
- + Diffuse Geranium essential oil for a calming aroma.
- + Use Geranium essential oil as flavouring in drinks or sweets.

#### Directions

**Diffusion:** Use three to four drops in the diffuser of your choice.

Internal use: Dilute one drop in 120 mL of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

#### Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.