

Frankincense

Boswellia Essential Oil 15 mL

dōTERRA® | CANADA

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade®

Application: **A** **T** **N**

Plant Part: Resin from *Boswellia carterii*, *frereana*, *sacra* and *papyrifera*

Extraction Method: Steam distillation

Aromatic Description: Warm, spicy, clean

Main Chemical Components: α -pinene, limonene, α -thujene

Frankincense

Boswellia Essential Oil 15 mL

Part Number: 30071713

Wholesale: \$87.25 CAD

Retail: \$116.33 CAD

PV: 67



PRODUCT DESCRIPTION

Because of its chemical makeup, Frankincense oil holds significant renewing properties that give it a wide variety of uses. For centuries, Frankincense has been used for its beautifying characteristics—particularly for rejuvenating the appearance of skin. In addition to its notoriety in the New Testament, the Babylonians and Assyrians would burn Frankincense in religious ceremonies and the ancient Egyptians used Frankincense resin for everything from perfume to salves for soothing dry skin.

USES

Cosmetics

- Add two drops to moisturizer to soothe and moisturize dry skin.
- Add a few drops of Frankincense oil to a hot bath for a calming aroma.
- Add to toothbrush before applying toothpaste to clean gums, mouth, and teeth.
- Massage Frankincense into hands and feet for a warm, soothing effect after strenuous activity.
- Apply Frankincense to cuticles and nailbeds to maintain healthy-looking fingernails and toenails.

Household

- Diffuse Frankincense during yoga or meditation to promote focus.
- Diffuse Frankincense to encourage feelings of peace and satisfaction.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: When used topically, dilute 1 drop with 5-10 drops of carrier oil to minimize skin sensitivity.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.