Description

Australia is home to more than 700 types of fast-growing, flowering evergreens known as eucalyptus. Part of the myrtle family (Myrtaceae), these plants can grow to be 18 meters tall and 4.5 meters wide. doTERRA has selected five unique species to create its proprietary Eucalyptus: Eucalyptus radiata, E. polybractea, E. kochii, E. loxophleba, and E. globulus.

Why should I add Eucalyptus oil to my collection? The primary chemical component of all five species is eucalyptol (1,8-cineole) from which the essential oil blend gains many of its rich benefits. These include effective surface and skin cleansing properties, as well as a camphoraceous, herbal aroma that can create a revitalizing atmosphere when diffused. Use both aromatically and topically to enjoy the clear, refreshing aroma of Eucalyptus or include in a soothing massage for a stimulating scent.

Uses

Cosmetic

• Add Eucalyptus oil to a carrier oil or lotion during a soothing massage.

Household

• Diffuse Eucalyptus oil or put a few drops on the hands, place them over the nose, and inhale deeply.
• Place one to two drops of Eucalyptus oil on the floor of your shower for a spa-like experience
• Use Eucalyptus oil as an air freshener and room deodorizer.
• Combine Eucalyptus oil with water and use as a surface cleaner.

Directions

Aromatic use: Add three to four drops to the diffuser of your choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

Cautions

For external use only. Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.