

# Eucalyptus

*Eucalyptus spp.* 15 mL

dōTERRA® | CANADA

Product Information Page



**CPTG** Certified Pure Tested Grade®

**Application:** A T D

**Plant Part:** Leaf

**Extraction Method:** Steam distillation

**Ingredients:** *Eucalyptus radiata*, *Eucalyptus polybractea*,  
*Eucalyptus kochii*, *Eucalyptus loxophleba*, *Eucalyptus globulus*

**Aromatic Description:** Camphoraceous, Airy, Herbal

**Main Chemical Components:** Eucalyptol (1,8 cineole), alpha-terpineol

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## Primary Benefits

- + Creates a calm, spa-like atmosphere
- + Provides a soothing sensation to skin
- + Helps promote clean, healthy-looking skin
- + Cleansing to surfaces
- + Freshens the air

## Description

Australia is home to more than 700 types of fast-growing, flowering evergreens known as eucalyptus. Part of the myrtle family (Myrtaceae), these plants can grow to be 18 meters tall and 4.5 meters wide. dōTERRA has selected five unique species to create its proprietary Eucalyptus essential oil: *Eucalyptus radiata*, *Eucalyptus polybractea*, *Eucalyptus kochii*, *Eucalyptus loxophleba*, and *Eucalyptus globulus*.

The primary chemical component of all five species is eucalyptol (1,8-cineole), which is the source of many of the essential oil's rich benefits. These include effective surface and skin cleansing properties, as well as a fresh aroma that can create a revitalizing atmosphere when diffused. Use both aromatically and topically to enjoy the clear, refreshing aroma of Eucalyptus or include in a soothing massage for a stimulating scent.

## Uses

- + Diffuse Eucalyptus essential oil or put a few drops on the hands, place them over the nose, and inhale deeply.
- + Place one to two drops of Eucalyptus essential oil on the floor of your shower for a spa-like experience.
- + Add Eucalyptus oil to a carrier oil or lotion during a soothing massage.
- + Use Eucalyptus essential oil as an air freshener and room deodorizer.

## Directions

**Aromatic use:** Use three to four drops in the diffuser of your choice.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

## Cautions

For external use only. Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Keep out of reach of children. In case of accidental ingestion, call a Poison Control Centre or doctor immediately and advise them this product contains eucalyptus oil.