

# dōTERRA Touch® ZenGest®

Essential Oil Blend 10 mL Roll-on

dōTERRA® | CANADA

Product Information Page



**CPTG** Certified Pure Tested Grade®

**Application:** A | T | N

**Ingredients:** Fractionated Coconut Oil, Anise, Peppermint, Ginger, Caraway, Coriander, Cardamom, and Fennel

**Aromatic Description:** Spicy, sweet, minty, licorice

dōTERRA Touch® ZenGest® | Essential Oil Blend  
10 mL Roll-On

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## Primary Benefits

- + Has a calming, gentle, licorice aroma
- + Provides a soothing aroma during an abdominal massage
- + Gentle on sensitive skin

## Product Description

The calming aroma of ZenGest® essential oil blend is combined with Fractionated Coconut Oil in dōTERRA Touch ZenGest for gentle topical application. This unique blend combines the pleasant, soothing aromas of Ginger, Fennel, Coriander, Peppermint, Tarragon, Anise, and Caraway. dōTERRA Touch ZenGest can be applied topically to the pulse points or abdomen.

**Why should I add dōTERRA Touch® ZenGest® oil to my collection?** dōTERRA Touch ZenGest is perfect to have on hand when traveling or on-the-go, or for those who want the benefits of ZenGest essential oil blend in a diluted version for gentle or sensitive skin.

## Uses

### Cosmetic

- + Take with you when you travel for a sweet, minty aromatic companion.
- + Use topically on your wrist pulse points before a long flight or drive for a calming aroma.
- + Apply on stomach to use in a soothing abdominal massage.
- + Roll onto temples and massage for a pleasant, comforting aroma.

## Directions for Use

**Topical Use:** Apply to desired areas as needed. No dilution required.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.