



Application: A T N

Plant Part: Herb top flowering

Ingredients: Fractionated Coconut Oil and Helichrysum essential oil
Aromatic Description: Herbaceous, floral, honey-like

Aromatic Description: Neryl acetate, α -pinene, γ -curcumene

dōTERRA Touch® Helichrysum | *Helichrysum italicum*
10 mL Roll-on

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Primary Benefits

- + Provides a sweet, calming, herbal aroma
- + Soothes and rejuvenates skin
- + Promotes a glowing, youthful complexion
- + Can help improve the appearance of skin imperfections

Product Description

The name "Helichrysum" is derived from the Greek "helios" meaning sun, and "chrysos" meaning gold, referring to golden color of the flower's tiny, delicate blossoms. Helichrysum essential oil is gentle and renewing to the skin and can help reduce the appearance of skin imperfections. Apply dōTERRA Touch Helichrysum regularly as targeted part of your skincare routine to promote a glowing, youthful complexion and to give skin a soft, rejuvenated appearance. Although this product is specifically intended for topical use, it can still provide a calming, centering aromatic experience. The aroma of Helichrysum oils is softly herbal yet sweet like wild honey and can be comforting when you take slow, deep breaths during and after application.

Uses

- + Apply to targeted areas of the skin to reduce the appearance of imperfections.
- + Use in daily skincare promote a glowing, youthful complexion.
- + Massage into temples and back of neck for a soothing aroma.

Directions for Use

Aromatic use: Roll on to diffusing jewelry, natural dolomite, or lava diffusing rocks.

Topical Use: Apply to desired area. See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.