

dōTERRA Touch® Balance® dōTERRA® | CANADA

10 mL

Product Information Page



CPTG Certified Pure Tested Grade®

Application: 

Ingredients: Fractionated Coconut Oil, Spruce,
Ho Wood, Frankincense, Blue Tansy, Blue
Chamomile, Osmanthus

Aromatic Description: Airy, fresh, sweet, woody

dōTERRA Touch® Balance® | 10 mL

60210312

Primary Benefits

- + Has a tranquil, grounding aroma
- + Promotes a balanced environment
- + Provides an atmosphere of calm and well-being during a massage

Description

The calm, woody aroma of dōTERRA Touch Balance oil blend helps create the ultimate supportive environment when diffused or included in your daily meditation practices. Let Balance carry your senses to a state of tranquility with the fresh, forest scents of Spruce and Ho Wood essential oils, gentle Tansy, Chamomile and Osmanthus, and rich Frankincense. To create a relaxing atmosphere, simply apply a drop to the bottoms of your feet, massage into your shoulders, or inhale deeply from your palms. Whenever you are faced with moments of difficulty or overwhelm, remember to reflect, recenter, and seek your inner Balance.

Uses

- + Begin your day by rolling dōTERRA Touch Balance on the bottoms of your feet.
- + Apply to your neck and wrists for a peaceful aroma during the day.
- + Gently rub on your back and shoulders for soothing evening massage.
- + Apply to pulse points when meditating or practicing yoga.

Directions

Aromatic use: Roll on to diffusing jewelry, natural dolomite, or lava diffusing rocks.

Topical use: Apply to desired area. See additional precautions below.

Cautions

For external use only. Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.