



**CPTG** Certified Pure Tested Grade®

**Application:** A T N

**Aromatic Description:** Fresh, Clean, Minty

**Ingredients:** Peppermint, Wild Orange, Clementine, Lemon, Rosemary, Coriander, Basil, Spearmint, Lemongrass, Tonka Bean, Cardamom, Melissa, Vanilla Absolute

**dōTERRA Motivate®** | Essential Oil Blend 5 mL

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## Primary Benefits

- + Provides a fresh, clean aroma that compliments creative spaces
- + Creates a bright, engaging atmosphere
- + Refreshes your surroundings

## Product Description

The hardest part of any task is getting started. In the moments when you are faced with a new or difficult project, turn to the uplifting fragrance of dōTERRA Motivate essential oil blend to support your creative intentions. dōTERRA Motivate is an encouraging blend of mint, citrus, and herbal essential oils that creates a crisp environment that's perfect for affirmations, goal setting, and getting in the creative flow.

**Why should I add dōTERRA Motivate essential oil blend to my collection?** When it comes to productivity, having the right environment for your work can make all the difference. dōTERRA Motivate combines many favourite inspiring and energizing essential oil aromas to help you create the perfect atmosphere to accomplish your many pursuits. When you have a clear purpose, practice persistence, and use key aromas in your creative process, you set yourself up for success!

## Uses

### Cosmetic

- + Apply dōTERRA Motivate to pulse points before presentations, competitions, or participating in sports
- + Before beginning a project, add a drop of dōTERRA Motivate to the palm of your hands, rub together, and inhale deeply.

### Household

- + Diffuse dōTERRA Motivate regularly in your productive spaces for an energizing scent while working.

## Directions for Use

**Diffusion:** Use one to two drops in the diffuser of choice.

**Topical use:** Dilute 1 drop of dōTERRA Motivate with 5–10 drops of carrier oil as needed for skin sensitivity.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.