

# dōTERRA Anchor

Steadying Blend 5 mL

dōTERRA® | CANADA

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Tested Grade®

**Application:** A T N

**Ingredients:** Lavender, Cedarwood, Frankincense, Cinnamon Bark, Sandalwood, Black Pepper, and Patchouli essential oils in a base of Fractionated Coconut Oil

**Aromatic Description:** Rich, earthy, spicy, woody

## PRIMARY BENEFITS

- Supports effective yoga practice
- Promotes feelings of completeness, calmness, and courage
- Encourages a steady foundational sense from which to move forward

**dōTERRA Anchor**  
Steadying Blend 5 mL

Part Number: 60207901  
Wholesale: \$25.75 CAD  
Retail: \$34.33 CAD  
PV: 21.5

## PRODUCT DESCRIPTION

Finding balance through simple yoga poses can be an excellent first step to establishing stability in your daily life. dōTERRA Anchor Steadying Blend promotes a firm trust in yourself so you can approach both your practice and life with calm strength. Featuring Lavender, Cedarwood, Sandalwood, Cinnamon, Frankincense, Black Pepper, and Patchouli essential oils in a base of Fractionated Coconut Oil, this blend promotes a sense of calm and self-awareness, as well as supports your connection to your community, your emotional harmony, and your innate wisdom.

## USES

- Apply to ankles, base of spine, and bottoms of feet to promote feelings of completeness and calmness.
- Use dōTERRA Anchor while practicing the following yoga poses: Seated Meditation, Seated Twist, and Bhu Mudra (one hand on the heart, the other on the Earth).
- Use during yoga practice, meditation, or any time during your day.

## DIRECTIONS FOR USE

**Aromatic use:** Diffuse aromatically.

**Topical use:** Apply topically to the skin.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

