

# dōTERRA Affirm

Centering Blend 5 mL

dōTERRA® | CANADA

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Tested Grade

**Application:** A T N

**Ingredients:** Bergamot\*, Coriander, Marjoram, Peppermint, Geranium, Basil, Rose, Jasmine essential oils in a base of Fractionated Coconut Oil, \*FCF Bergamot

**Aromatic Description:** Green, fresh, herbal, lightly floral

## PRIMARY BENEFITS

- Supports effective yoga practice
- Promotes feelings of self-acceptance, trust, and fluidity
- Encourages harmony and calm progress

**dōTERRA Affirm**  
Centering Blend 5 mL

Part Number: 60207902

Wholesale: \$21.75 CAD

Retail: \$29.00 CAD

PV: 18

## PRODUCT DESCRIPTION

Consistently practicing simple yoga poses can support a sense of peace and purpose, leading to renewed resolution. dōTERRA Affirm Centering Blend can help you to remain steady and remember your own worth. Featuring Bergamot, Coriander, Marjoram, Peppermint, Jasmine absolute, and Rose essential oils in a base of Fractionated Coconut oil, this blend helps you to trust in yourself and stay open to new possibilities.

## USES

- Apply over heart, wrists, and back of neck to promote feelings of self-acceptance and fluidity.
- Use dōTERRA Affirm while practicing the following yoga poses: Warrior II, Triangle, and Gate pose.
- Use during yoga practice, meditation, or any time during your day.

## DIRECTIONS FOR USE

**Aromatic use:** Diffuse aromatically.

**Topical use:** Apply topically to the skin.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

